





The far side - the gamma-H2AX Focus Assay

Harry Scherthan

Bundeswehr Institute of Radiobiology
affiliated to the Univ. of Ulm, D-80937 Munich, Germany

scherth@web.de

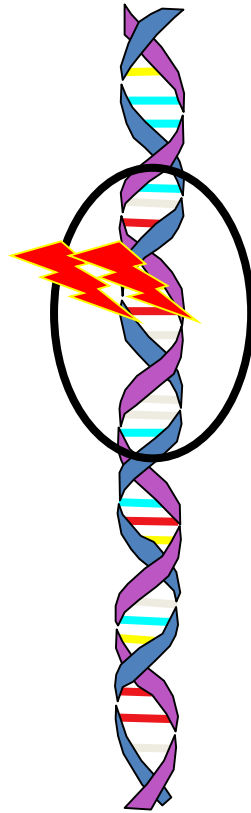
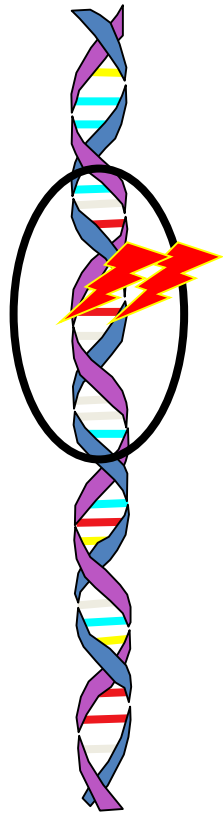




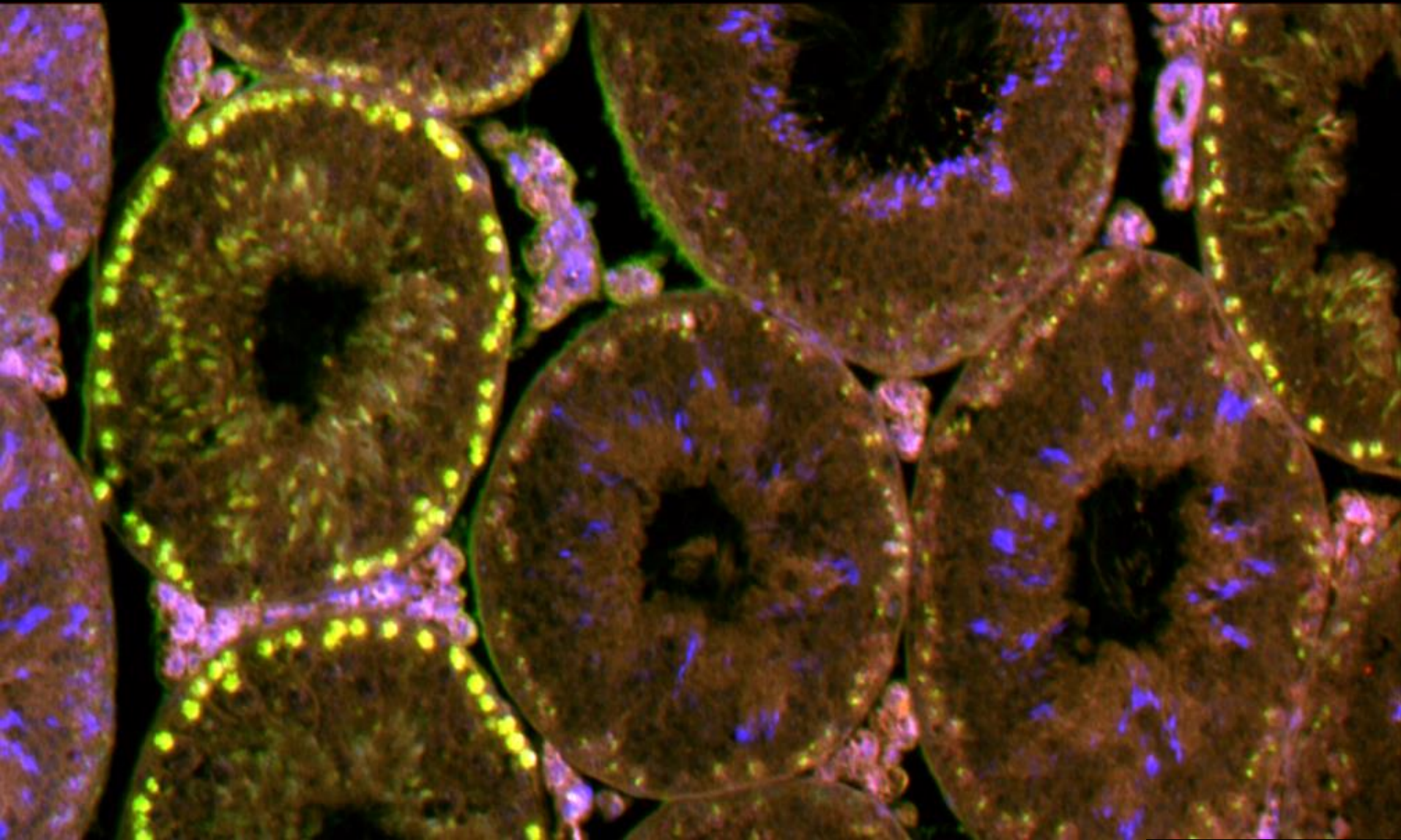
DNA double-strand breaks (DSBs) are a severe threat to genomic integrity

DSBs result from ionizing radiation and radiomimetic drugs

- Arise **physiologically** during DNA replication
- Are delivered as initiator of physiological recombination in processes like **V(D)J recombination & Meiosis.**



Physiological DSBs & γ H2AX in mammalian meiosis



γ -H2AX

Nuclei

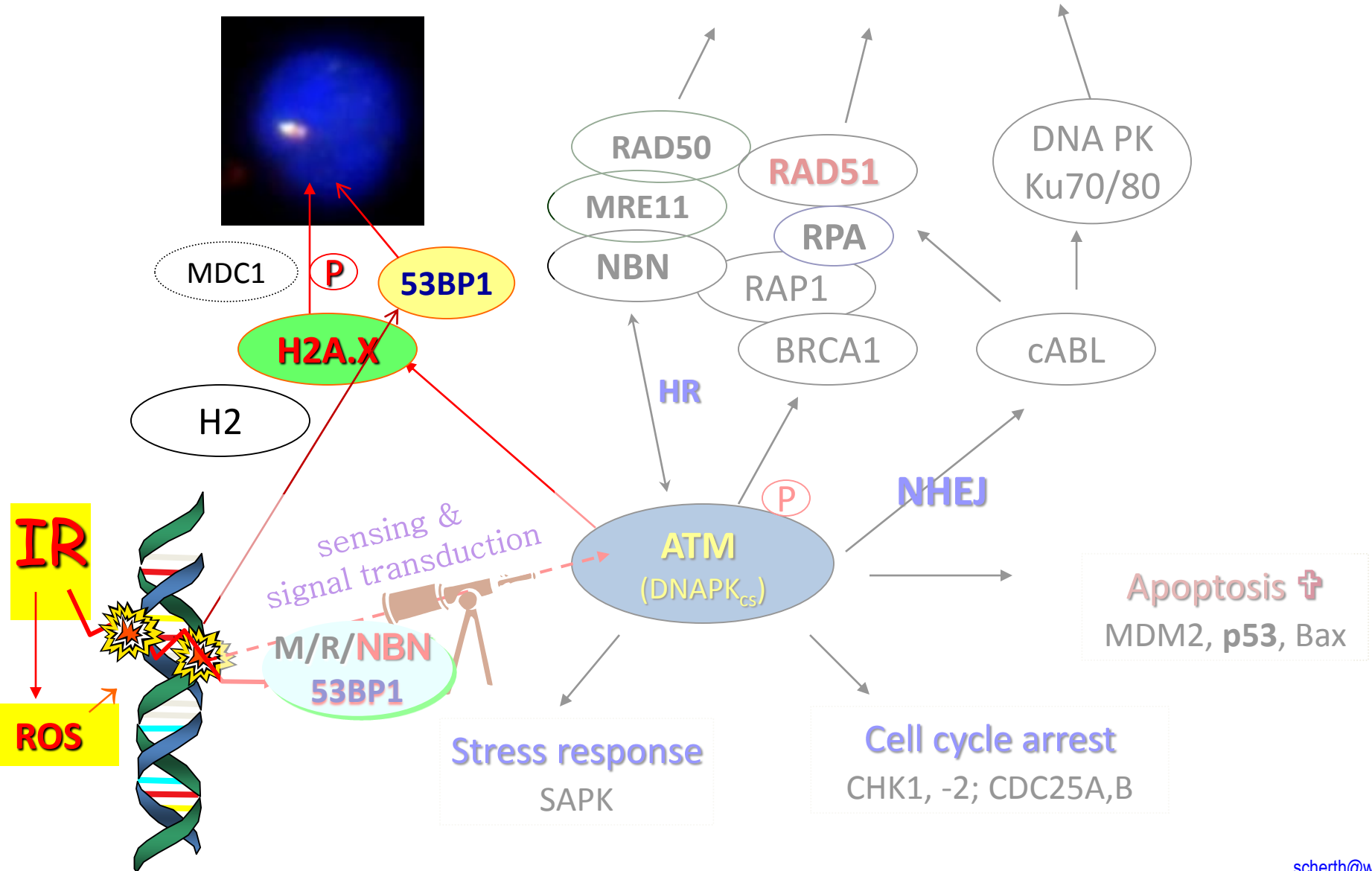
Mouse (image: H.S.)

DNA damage response - DDR

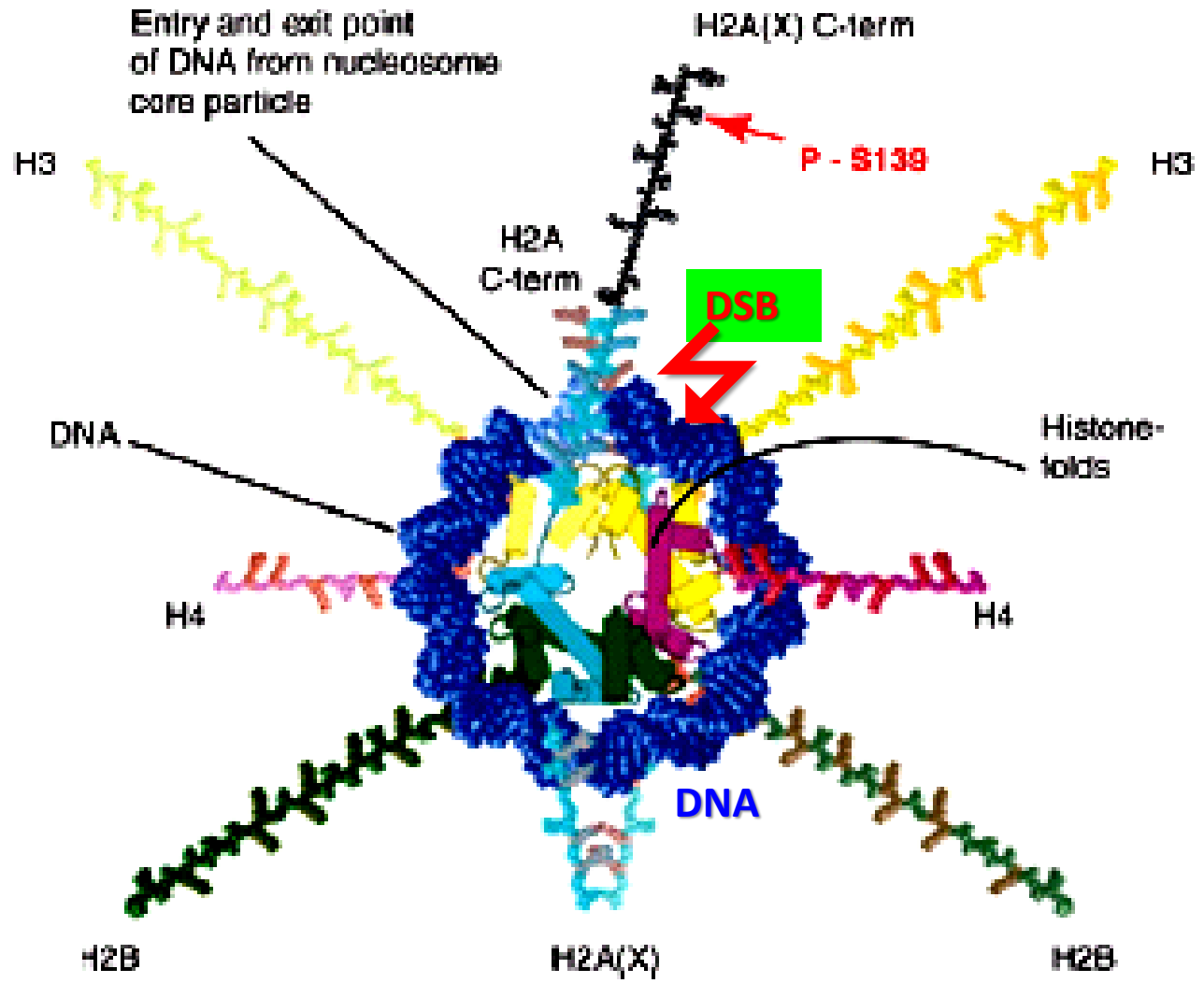
Chromatin modification



DNA Repair

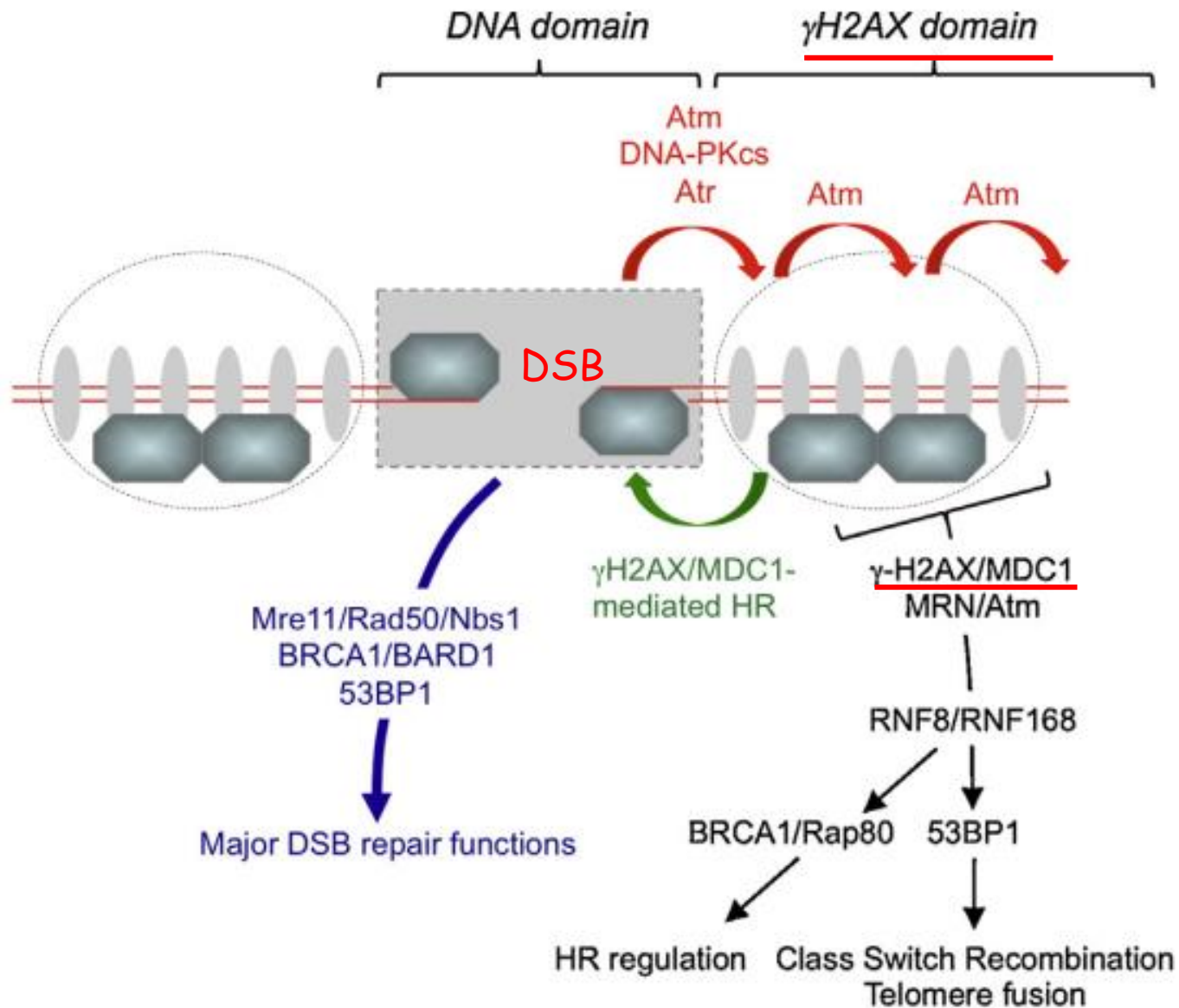


Histone H2A.X in chromatin context



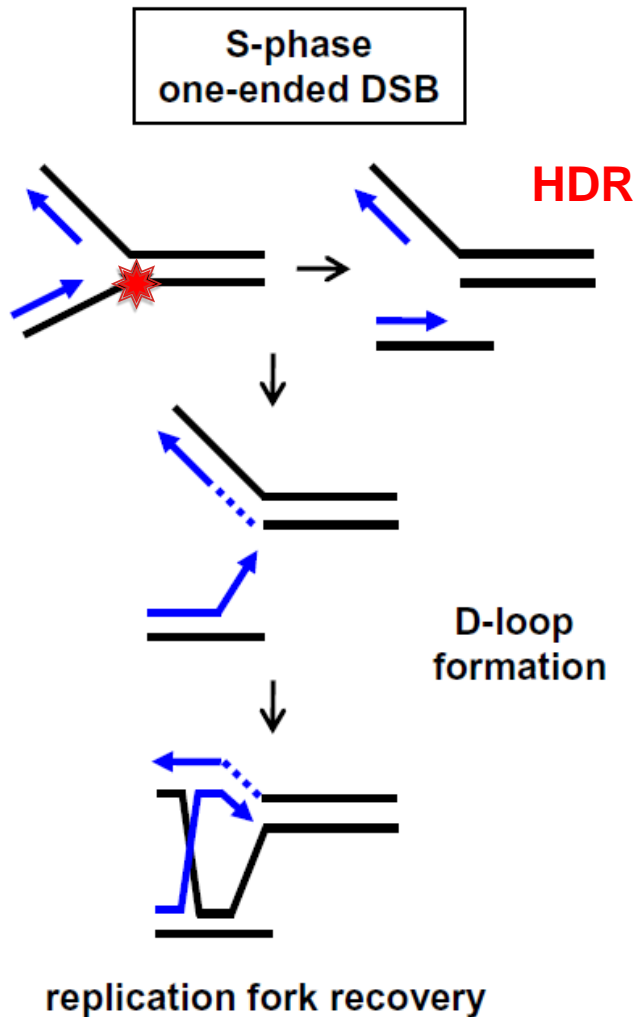
Kinner et al (2008), *Nucleic Acids Res.* 36:5678-94

γ H2AX forms a chromatin domain @ a DSB

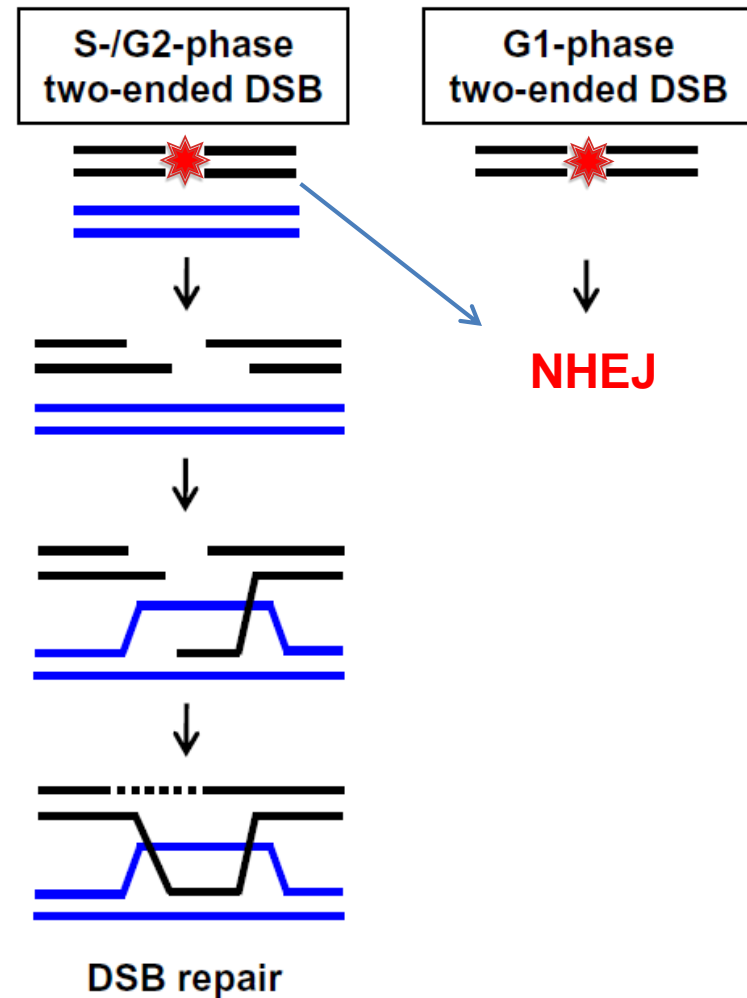


IR-induced DSBs & repair pathway choice

ss break=> replic. fork stalling/collapse

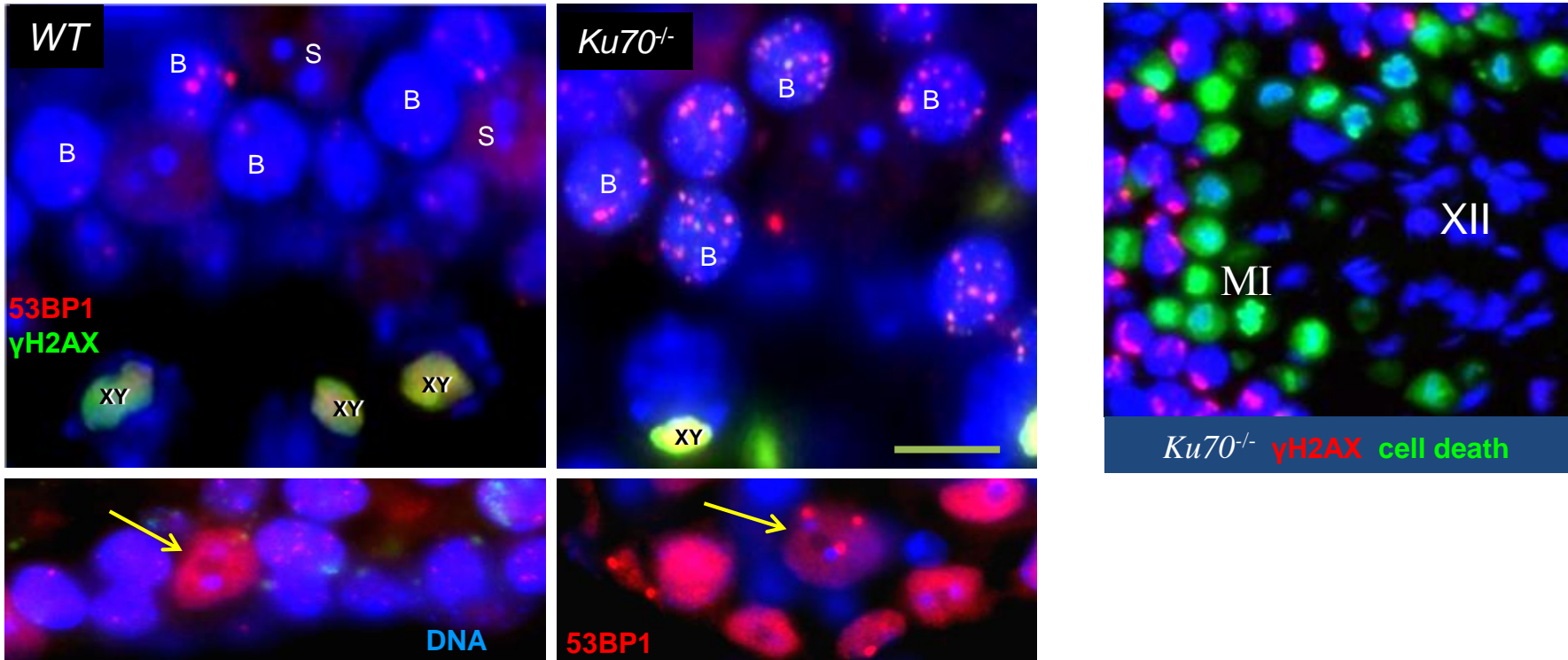


IR-induced DSB



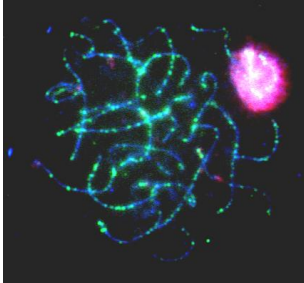
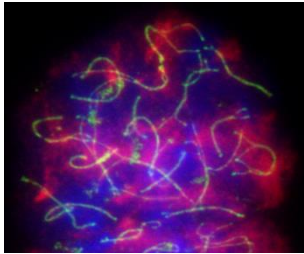
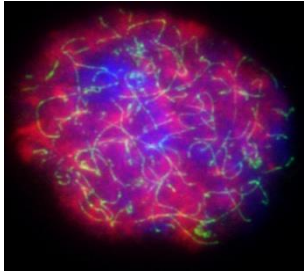
NHEJ protects premeiotic stem cells and meiosis from accumulation of DNA damage

Ku70^{-/-} spermatogenesis



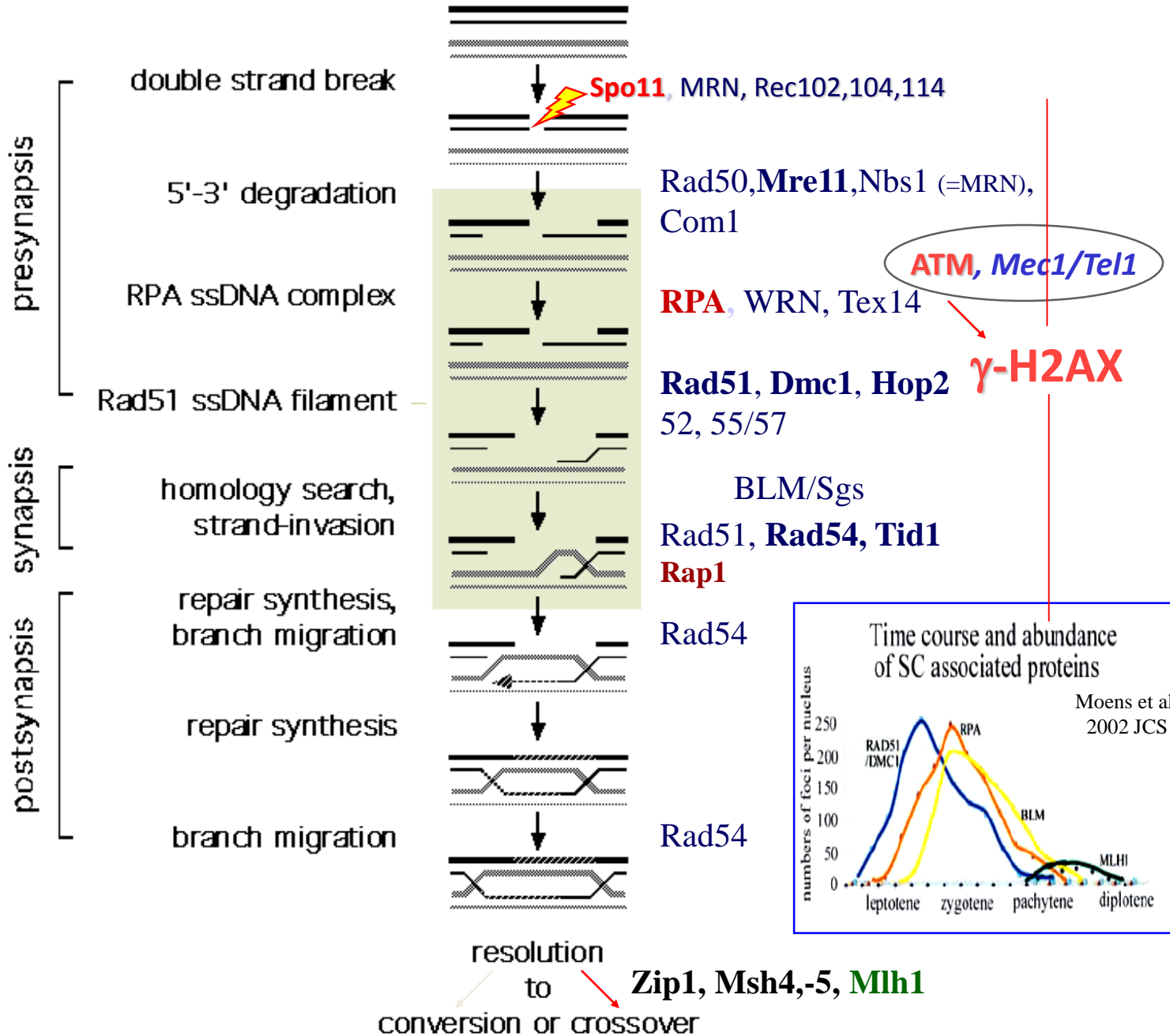
MEIOSIS: homol. recombination DSB repair during prophase I

γ -H2AX Cytology



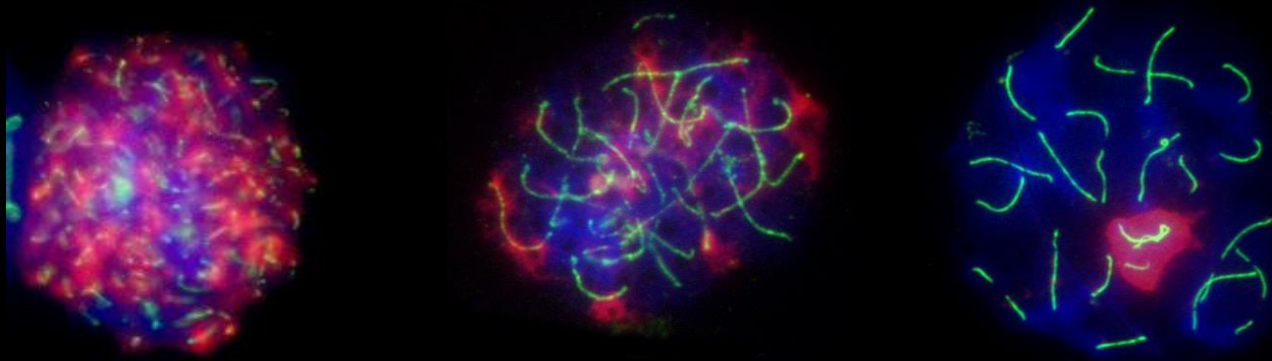
γ -H2AX, SCP3
♂ mouse

Liebe et al. 2006 ECR

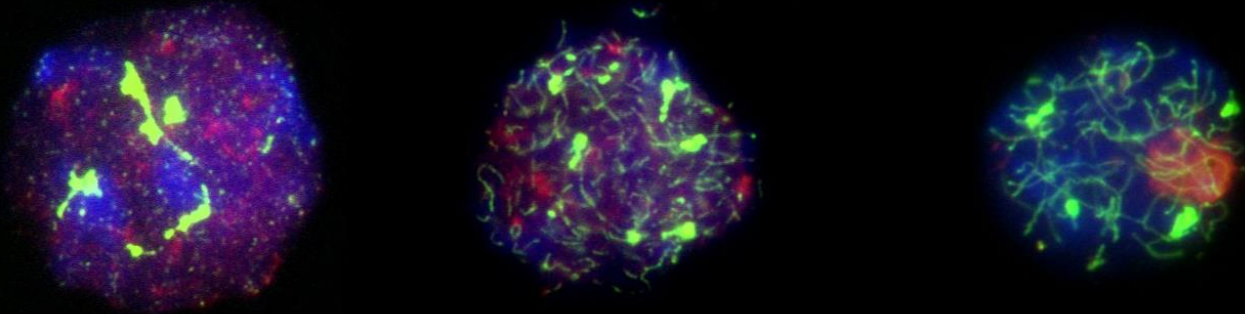


Meiosis: IR-induced DSBs can modulate chromatin phosphorylation & prophase I progression in cells without physiol. DSBs (*Spo11*^{-/-})

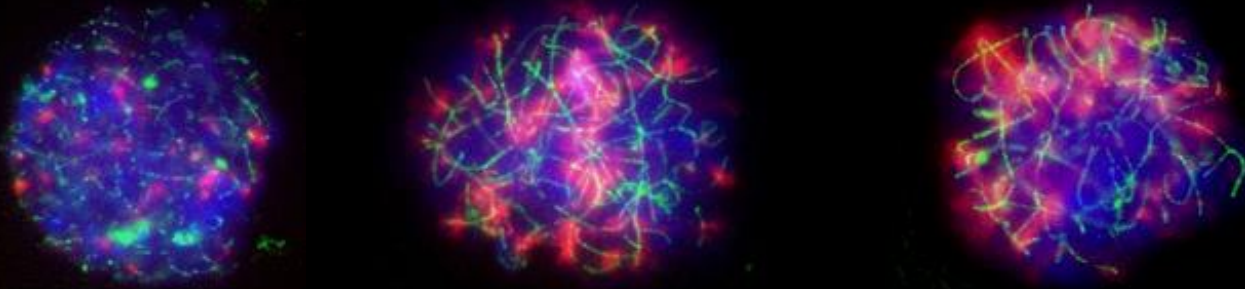
Spo11^{+/+}
 γ H2AX



Spo11^{-/-}
(no DSBs)



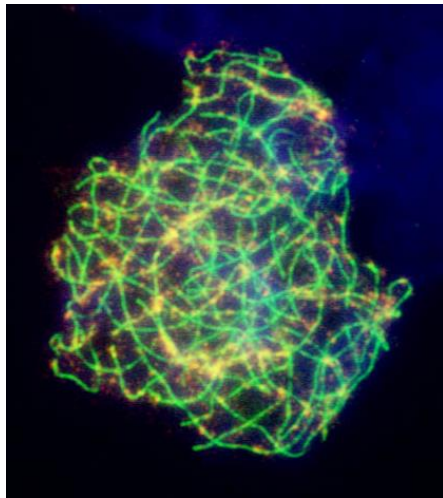
Spo11^{-/-}  IR
3Gy X-rays



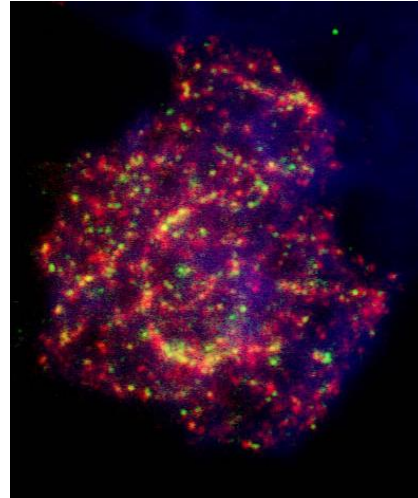
γ H2AX
SCP3

Human meiosis: DNA repair and γ H2AX

♀ pachytene

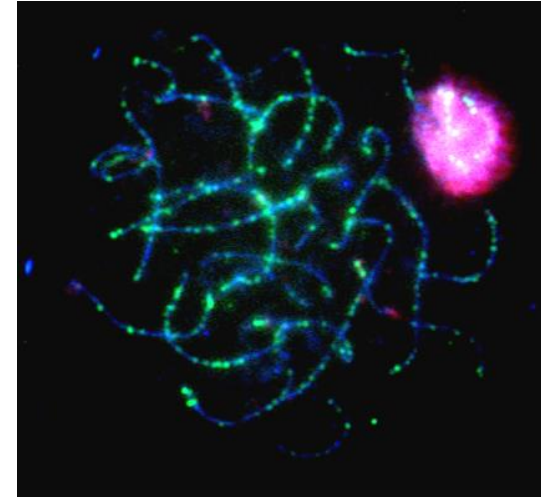


♀ SCP1, γ -H2AX, DNA



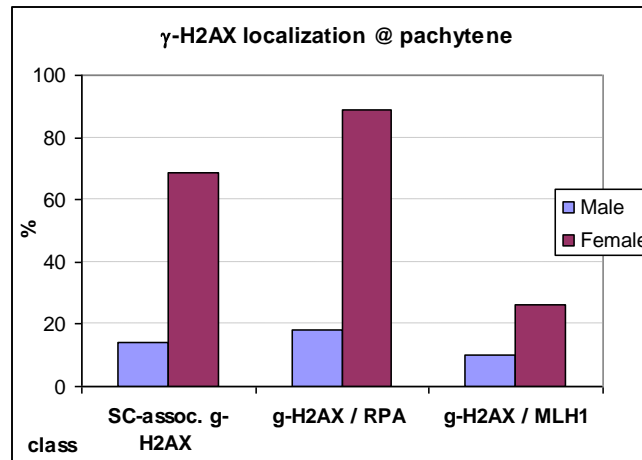
♀ γ -H2AX, RPA

♂ pachytene

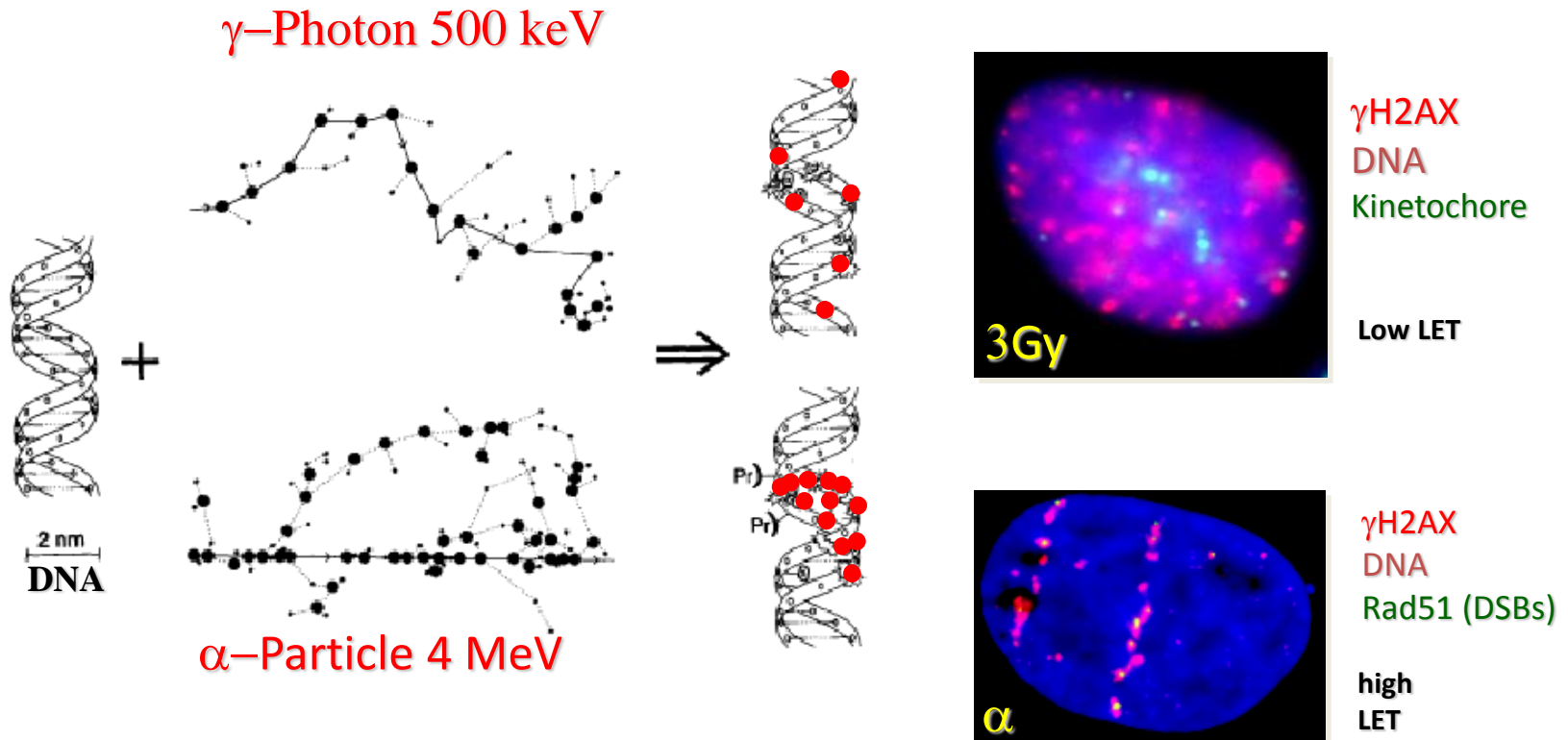


XY body

♂ γ -H2AX, RPA, SCP3

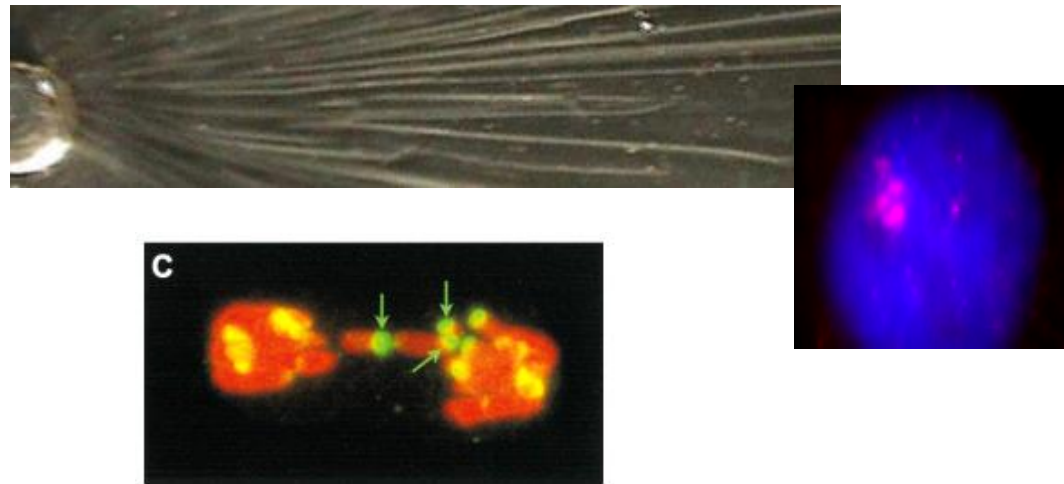


IR induces chromatin & DNA damage



γ H2AX focus enumeration for monitoring ionizing radiation exposure

⇒ Method for quick detection of radiation-induced damage: DNA-repair focus test



Rogakou et al. 1999, JCB



Double-stranded DNA breaks (DSBs) & γ H2AX

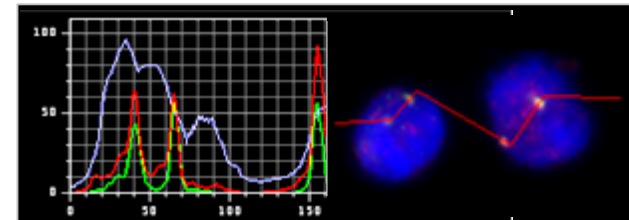
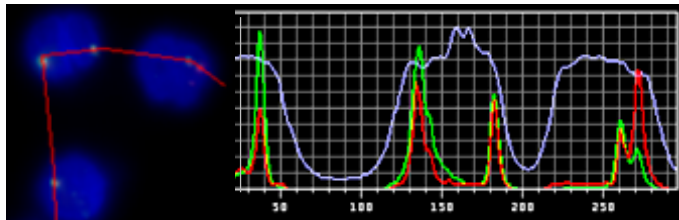
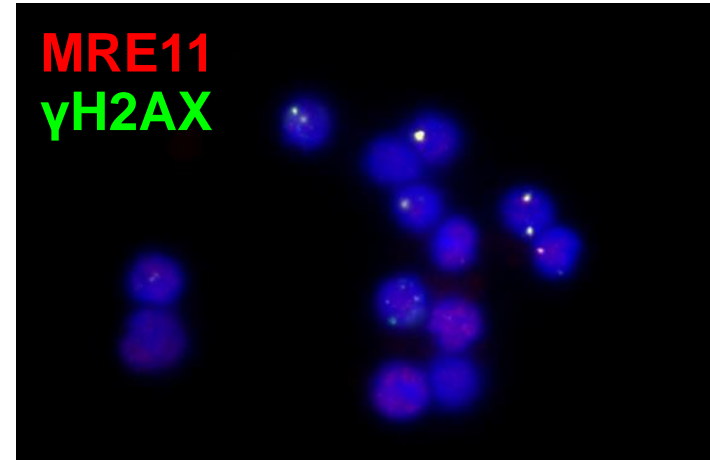
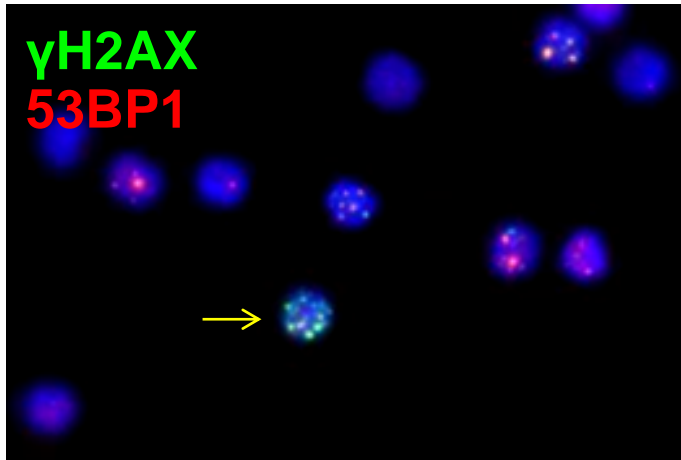
- IR-induced DSBs – ATM & DNAPKcs kinases phosphorylate the histone 2 variant H2A.X within minutes around the site of a DSB to result in γ -H2AX foci in the nucleus (Rogakou et al. 1998)

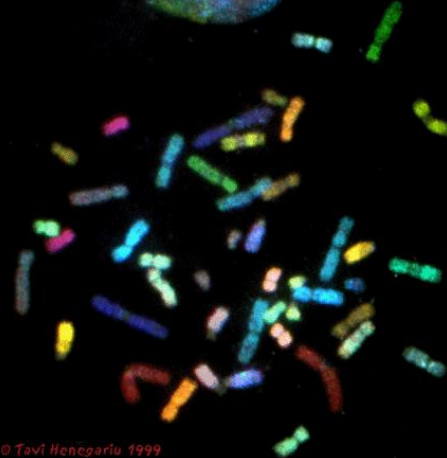
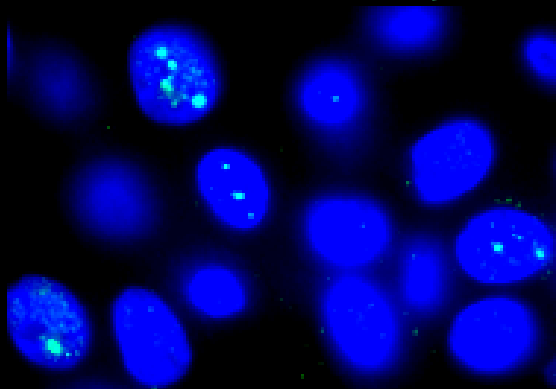
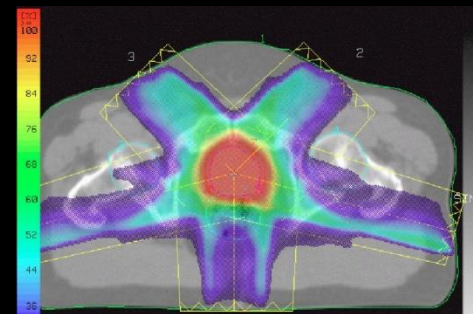
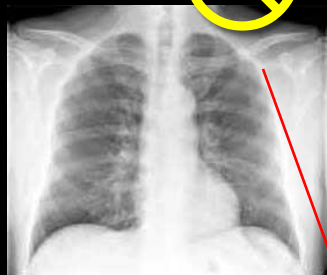
Repair half-time in the order of min -hours

In non-cycling tissue cells (e.g. skin) some DSBs (complex DNA damage) may persist for days/weeks

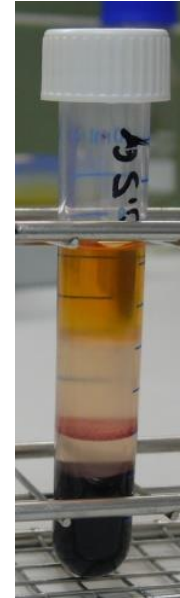
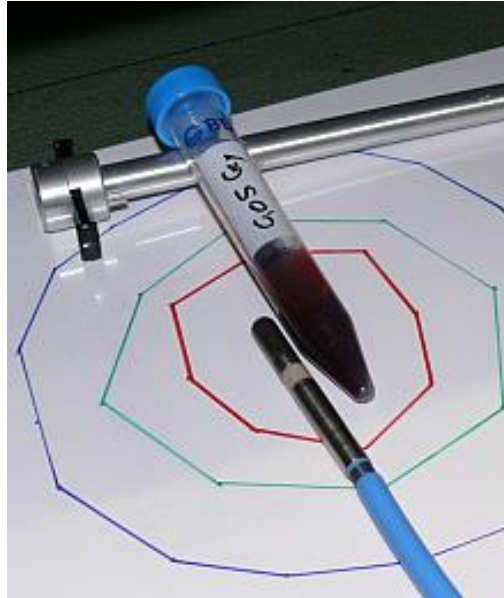
! Absence of dephosphorylation can lead to focus persistence wo DSB

Irradiation: HR repair factors colocalize at DSBs



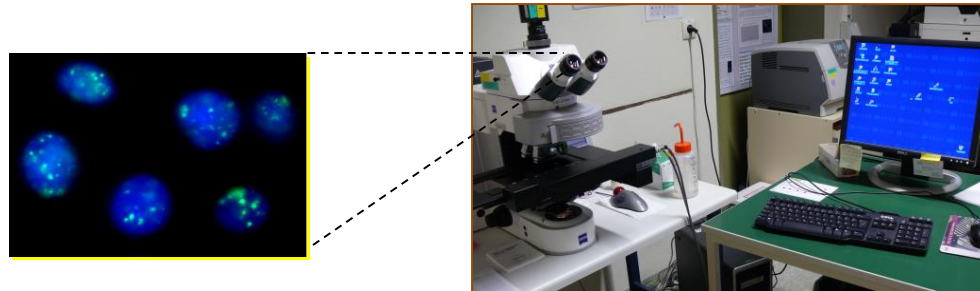
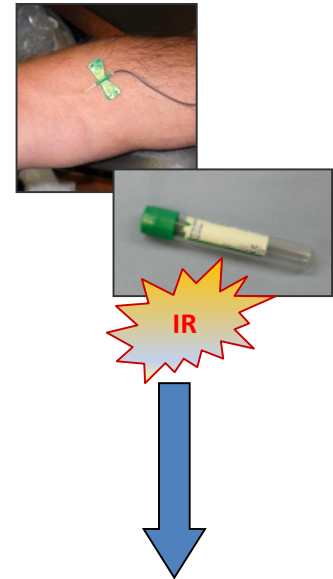


METHOD - in vitro blood irradiation



Method

1. Blood sampling
2. Leukocyte isolation
3. Fixation (store & transport [?])
4. Immunofluorescence staining
5. Analysis





Focus Assay - Staining

Most labs: immediate staining after IR & incubation / blood cell isolation

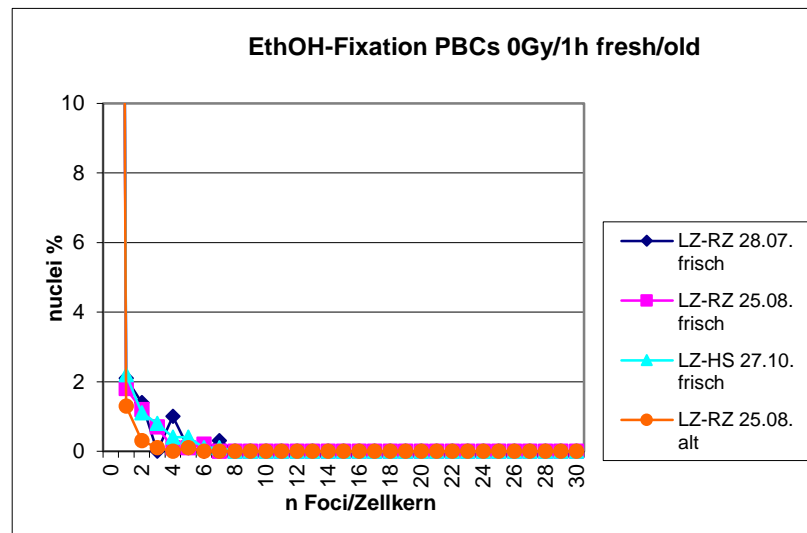
- 1) Bring the cells to a me-silane coated glass slide (cytocentrifuge; drying).
- 2) Fix with (1%-) 3.7% formaldehyde (!)
- 3) Extract with TritonX100
- 4) add primary antibody \Rightarrow detection

Sample storage ? - yes (but) !

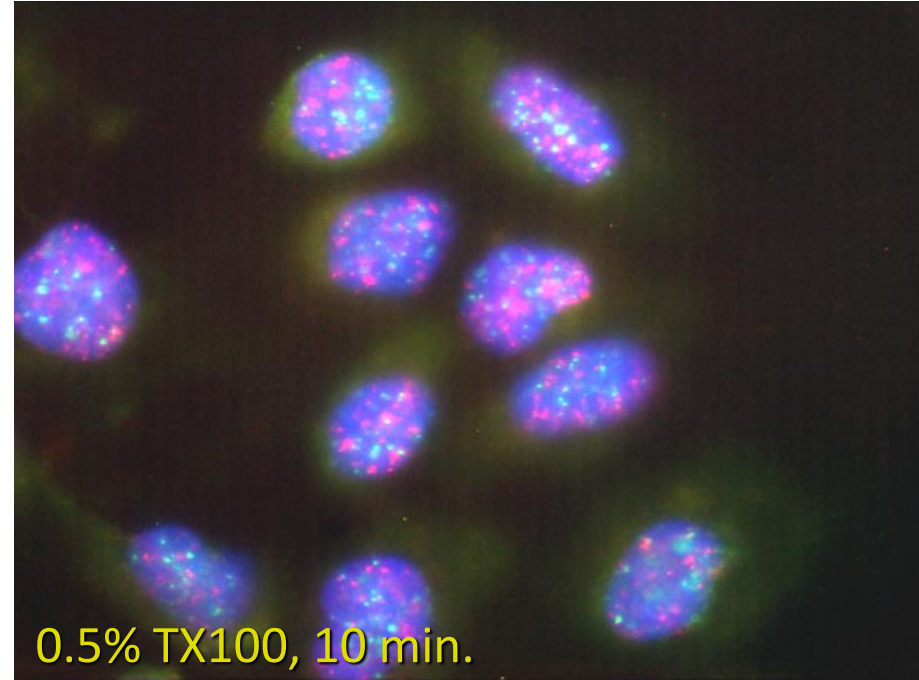
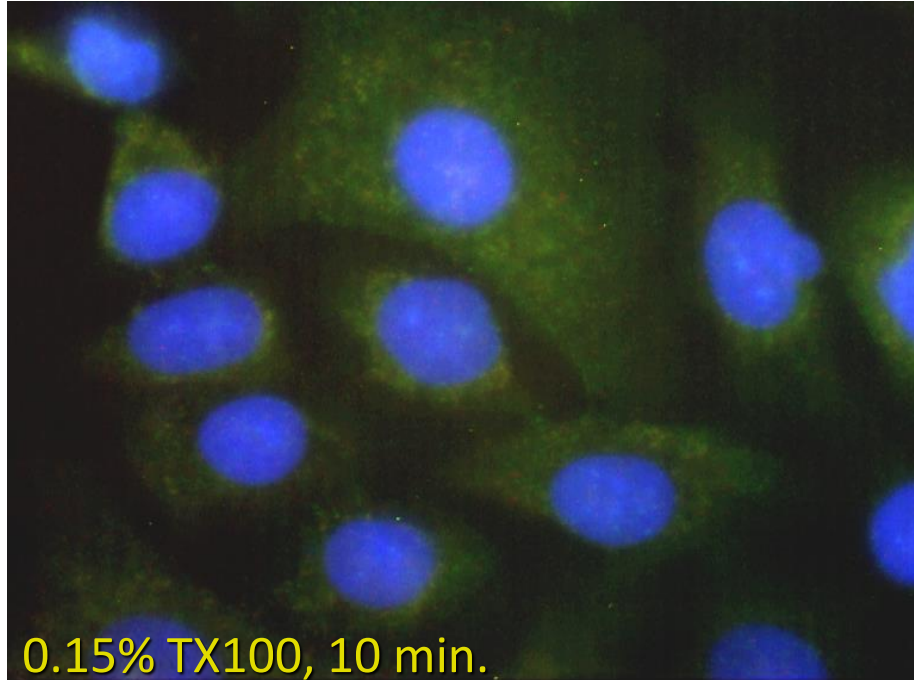
Ethanol fixed cells can be stored and shipped

- ! only compare with similarly treated (time & temp) controls.

- We use 70% Ethanol @ -20°C (Lassman et al. 2010 Nucl.Med.)

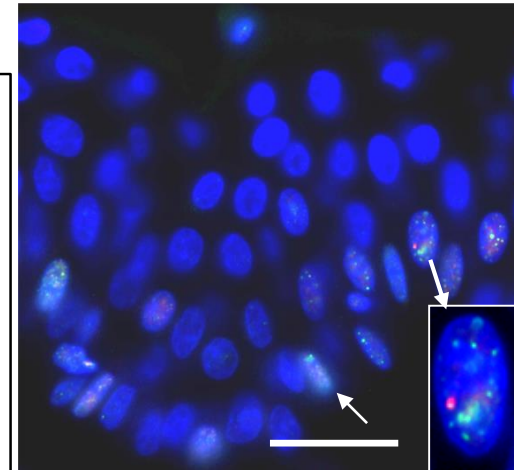
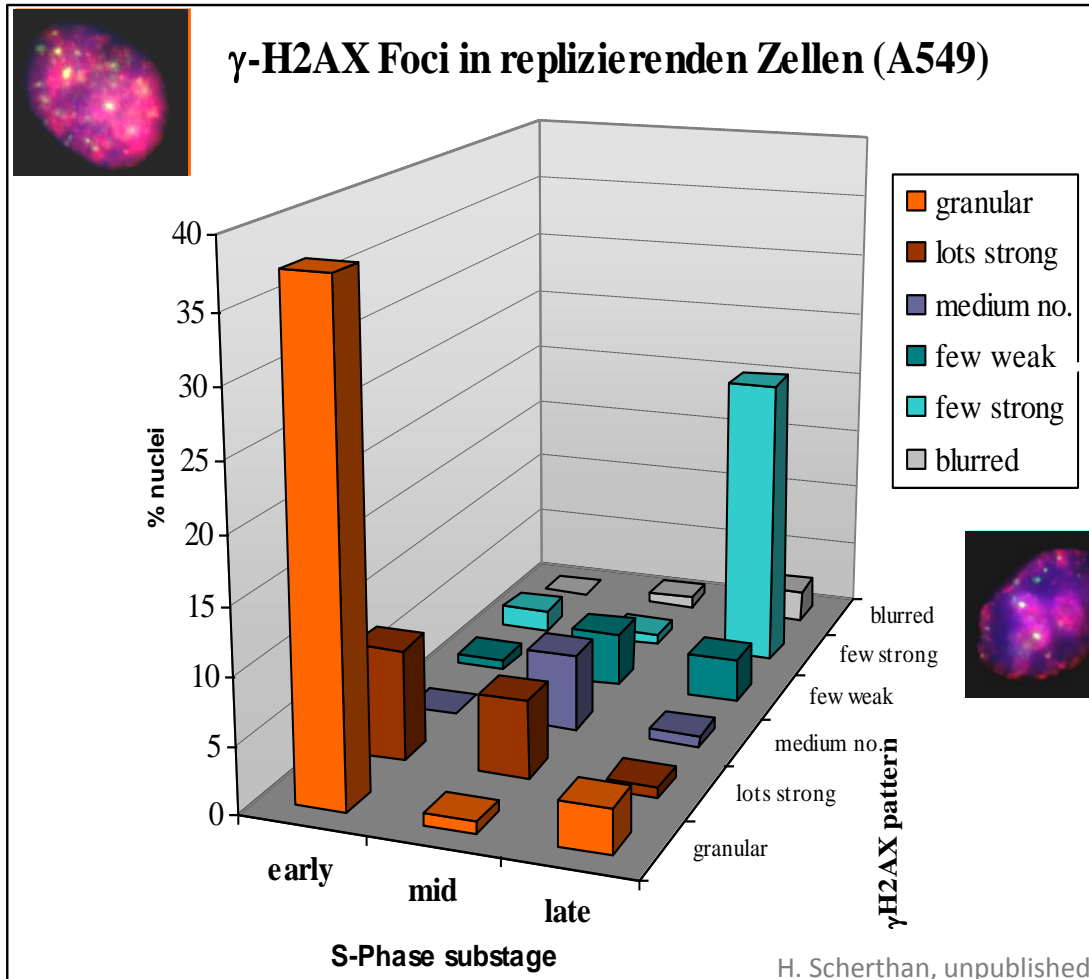


Methodological pitfalls: Fixation/extraction determines the success of γ -H2AX detection

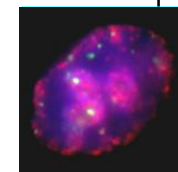


kinetochores
 γ -H2AX

Replicating cells display classes of foci

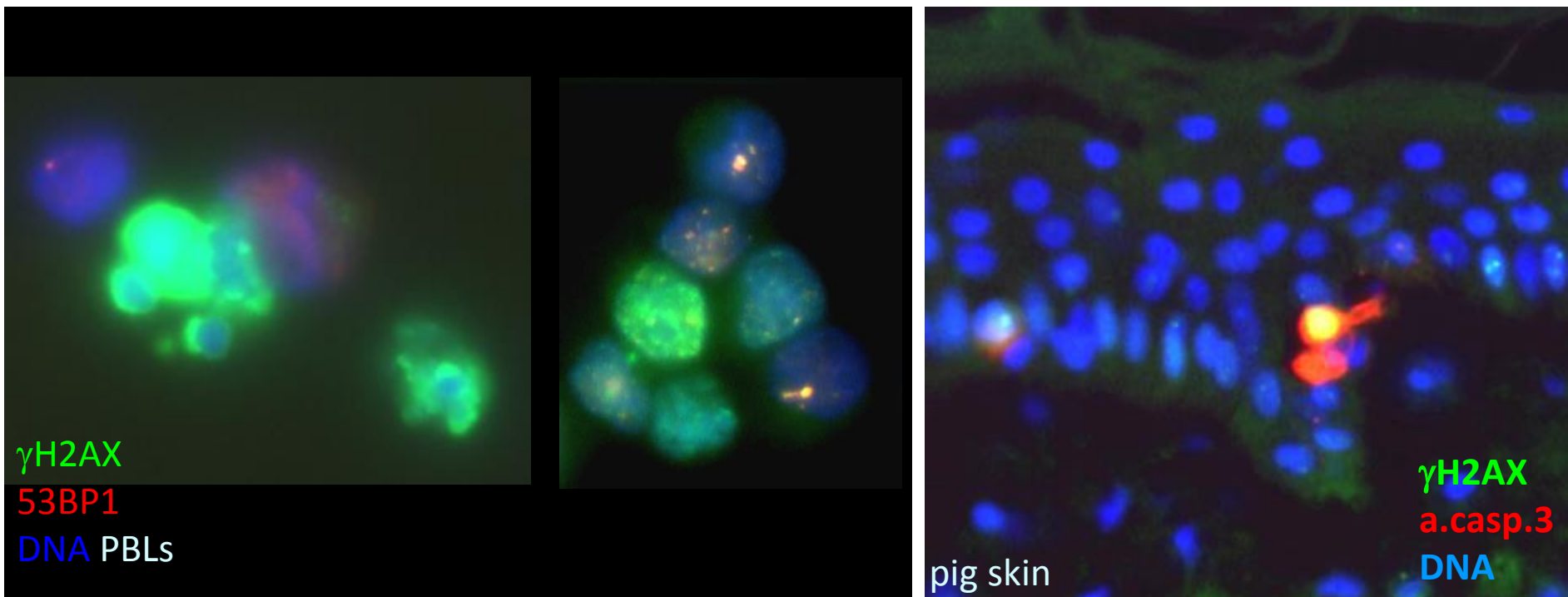


Minipig skin, Ahmed et al . 2012
PLoS One 7:e39521



BrdU
 γ H2AX
DNA

Apoptotic cells display strong γ H2AX fluorescence



Another source of background: **granulocyte autofluorescence**

γ -H2AX Focus assay: IF

n nuclei = 68 (x4,25)

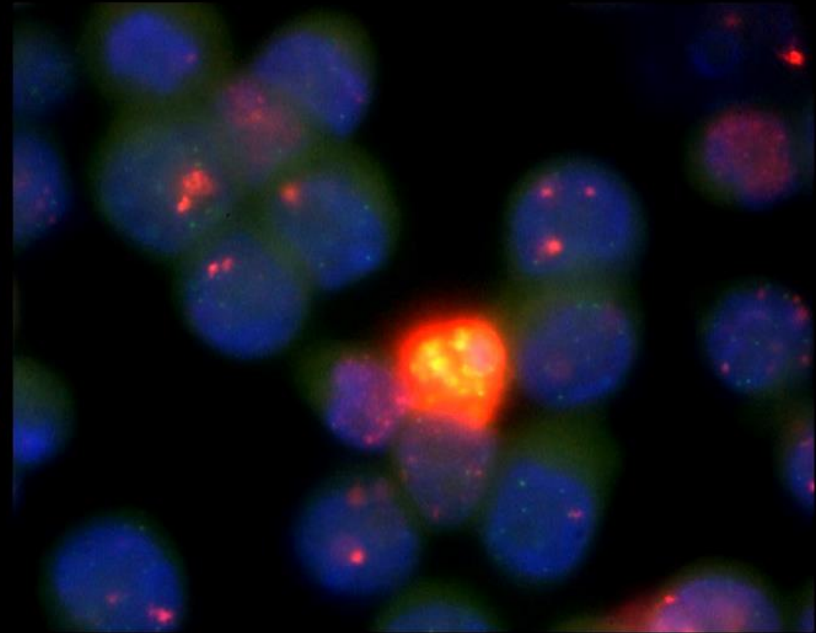
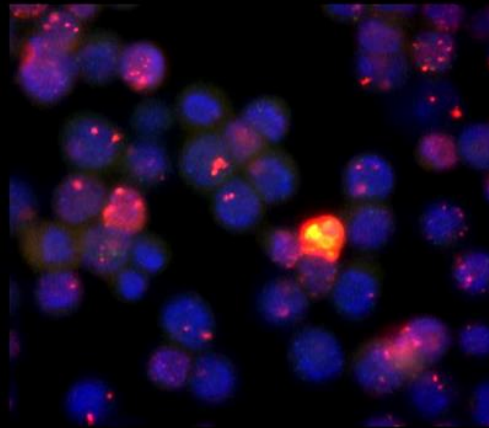
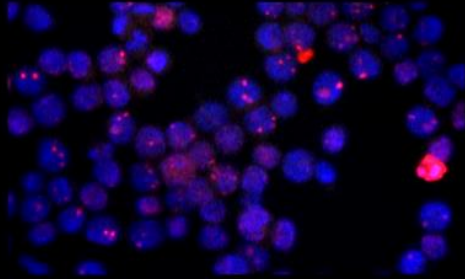
42 (x2,6)

16

25x

40x

100x



**Research: Enumerate (manually) foci numbers in 40 positive cells,
or in up to 800 negative cells (Rothkamm & Löbrich 2003; & others)
Rapid diagnosis: enumerate (50) - 100 cells (Multibiodose)**

γ H2AX fpc linearly correlate with doses < 2Gy (30min pIR, fibroblasts)

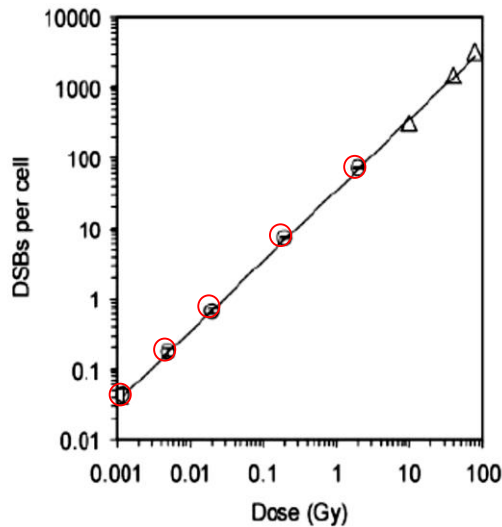
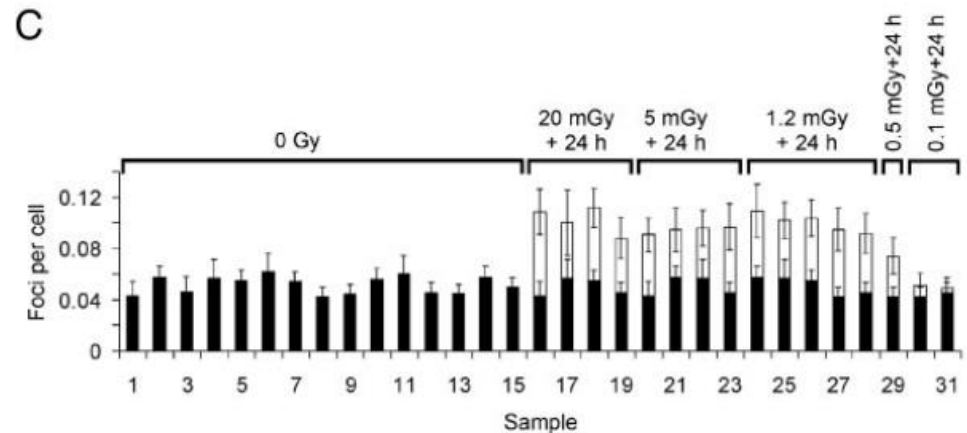
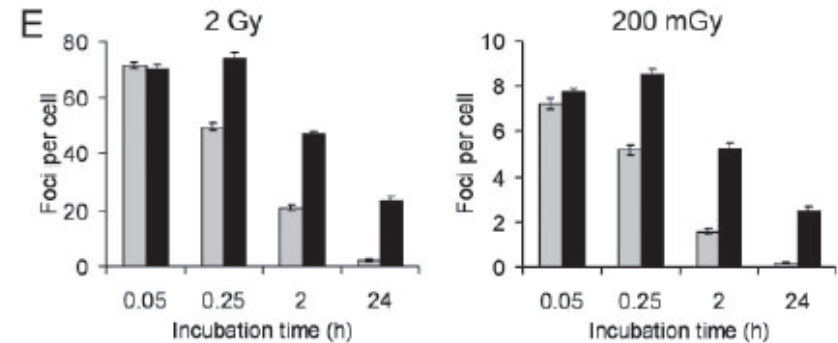
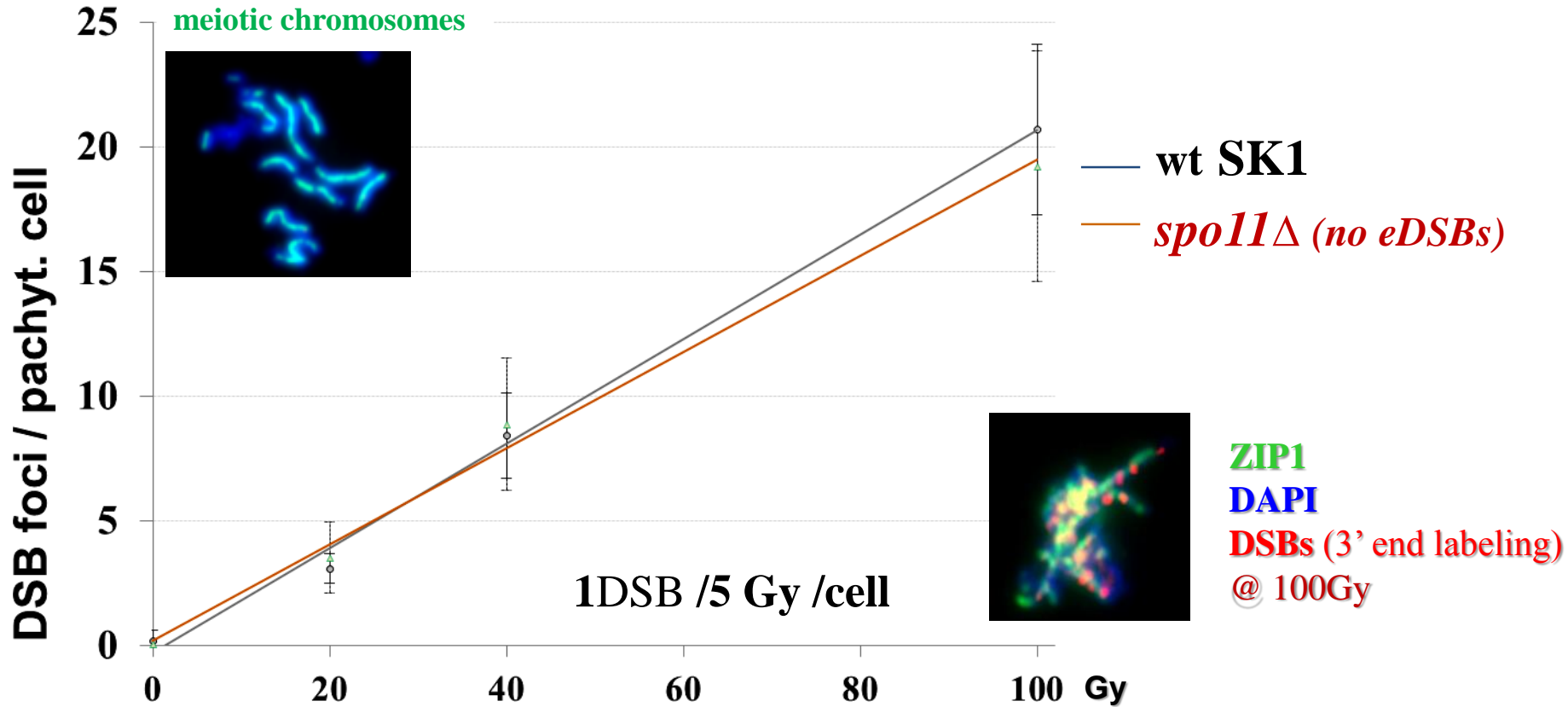


Fig. 2. DSB induction in MRC-5 cells. γ -H2AX foci were counted 3 min after irradiation, and the mean values of foci per cell are shown (circles). Triangles represent DSB induction data obtained from PFGE analysis. The line is a linear fit to the data points with a slope of 35 DSBs per cell per Gy.



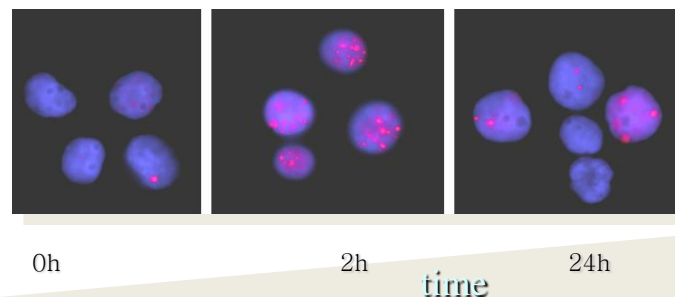
- Rothkamm and Lobrich 2003 PNAS: ~40 γ H2AX foci at 5' /1Gy; ~7foci @ 0.2Gy (35DSB/Gy) - fibroblasts
- Lobrich 2005 PNAS: ~20 γ H2AX foci/lymphocyte

Direct visualization of IR-induced DSBs - lessons from yeast (3'-end labeling)

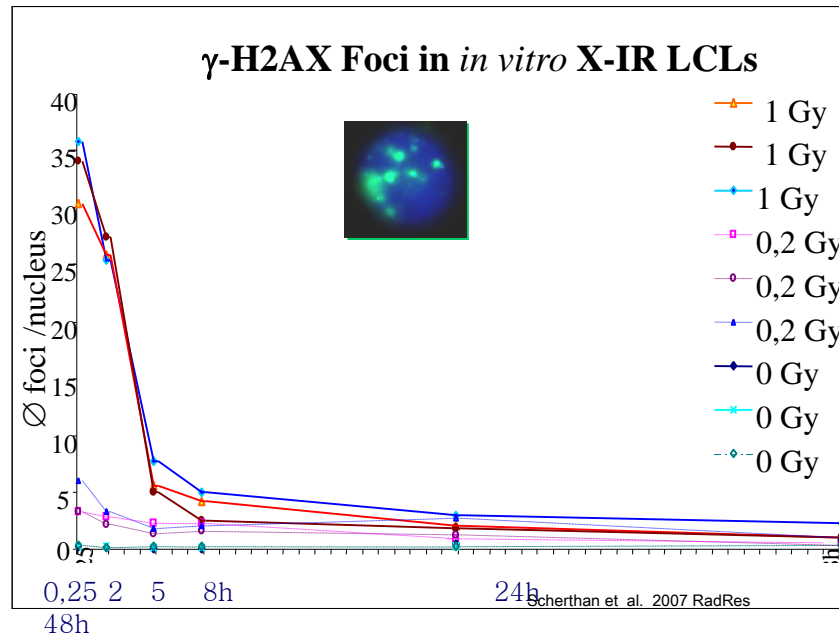
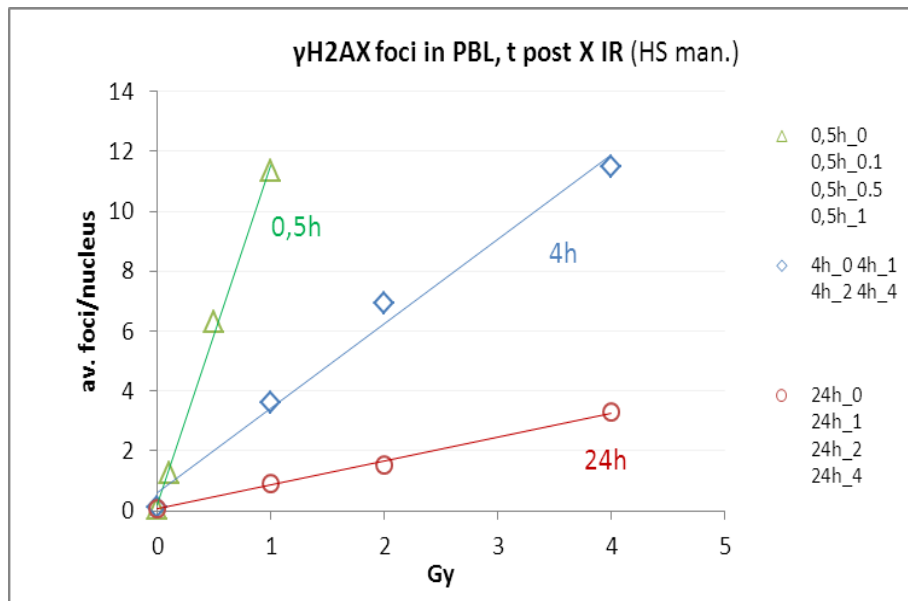


40DSBs @1Gy in human \approx 40 DSBs @ 200Gy in yeast nuclei

DNA-Repair Foci in Leukocytes: sensitive, but rapidly declining marker of IR exposure

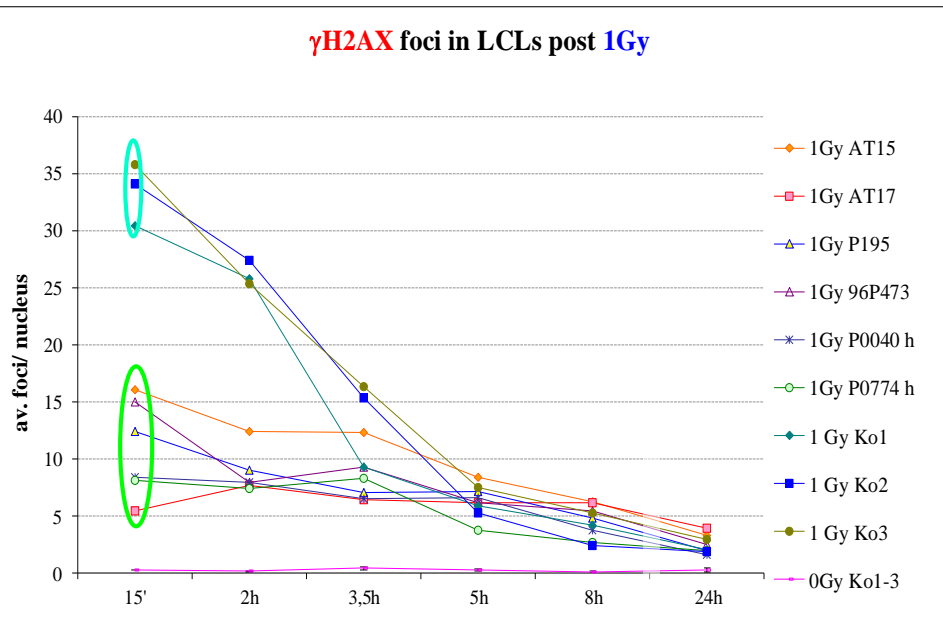


Repair foci
DNA
(nuclei)

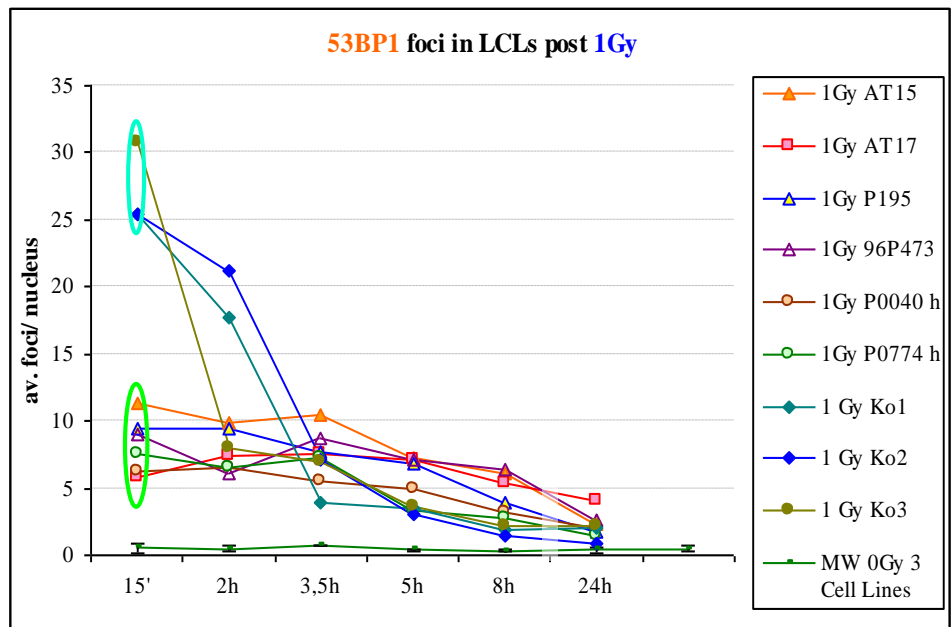


Genetic background influences RIF formation – effects of NBS1 or ATM deficiencies

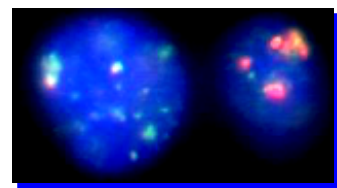
γ H2AX foci in LCLs post 1Gy



53BP1 foci in LCLs post 1Gy



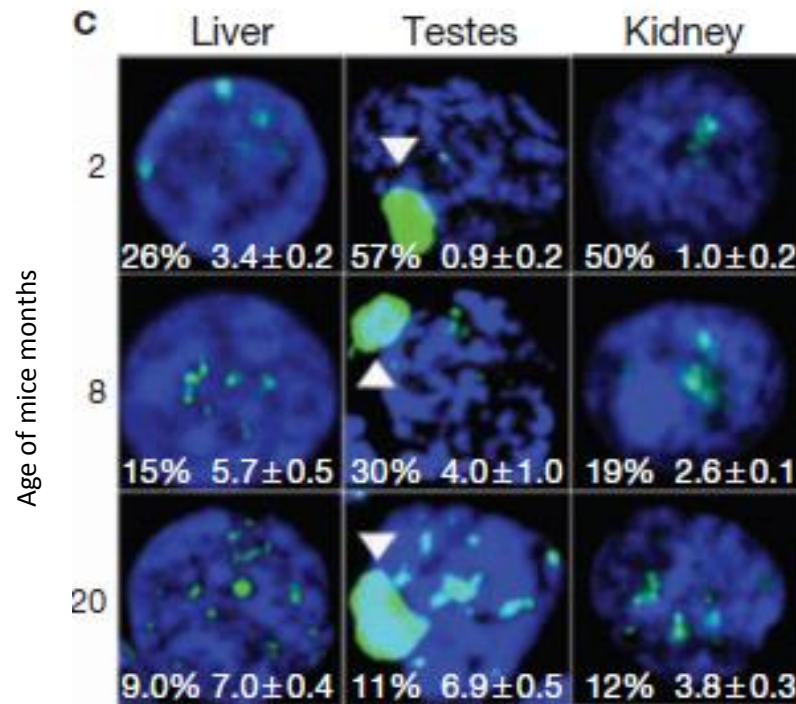
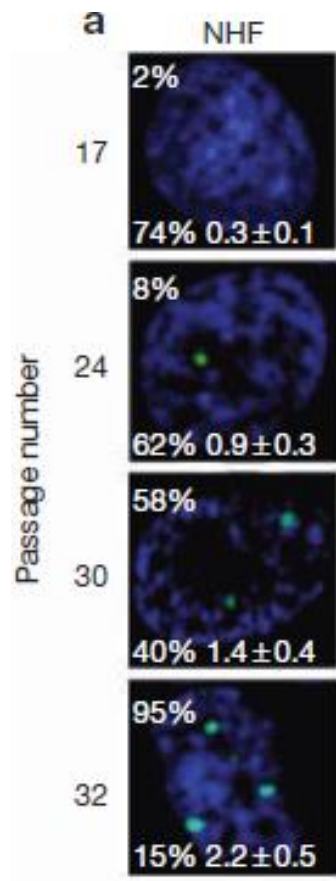
All cell lines that lack ATM or NBS1 fail to induce the full level (≥ 30) of γ H2AX or 53BP1 foci 15' after 1Gy IR. ○ Control



Senescent cells contain increasing # of persistent γ H2AX foci

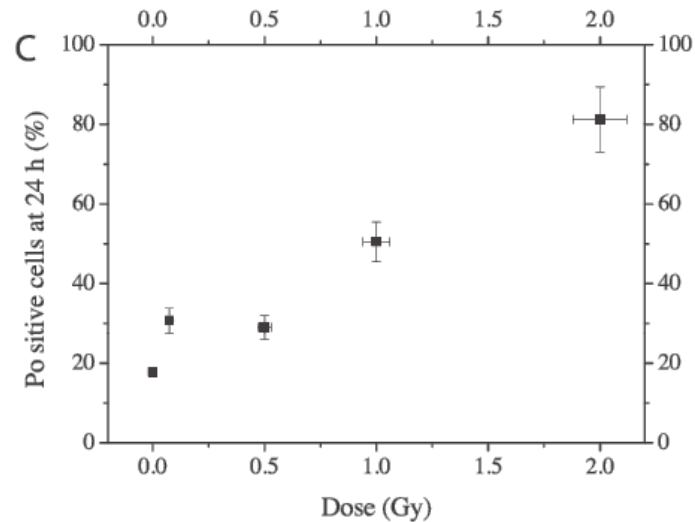
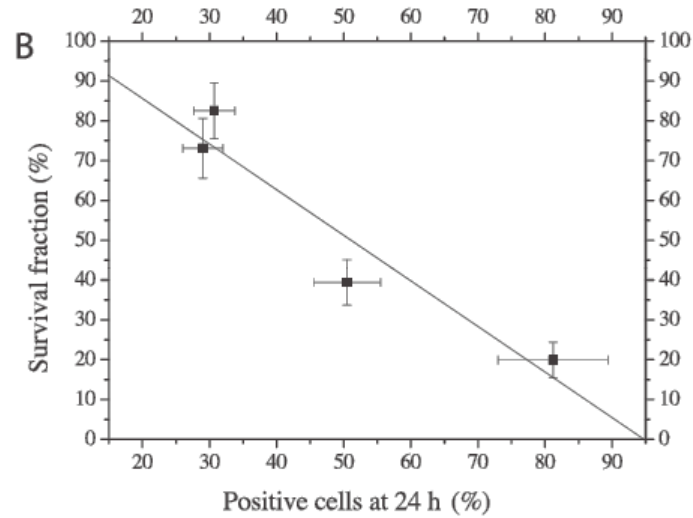
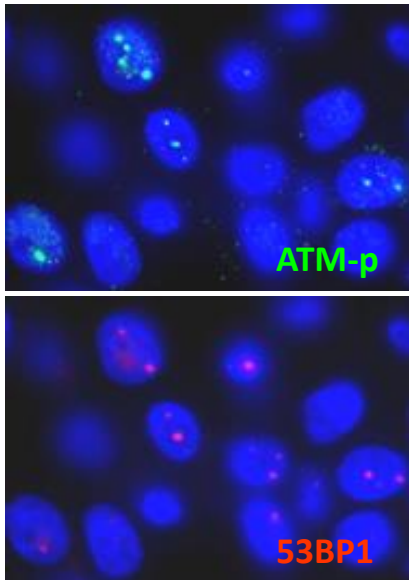
Pitfalls:

- Tissues with endogenous DNA damage, such as testis, lymph nodes
- aging cells
- replicating cells

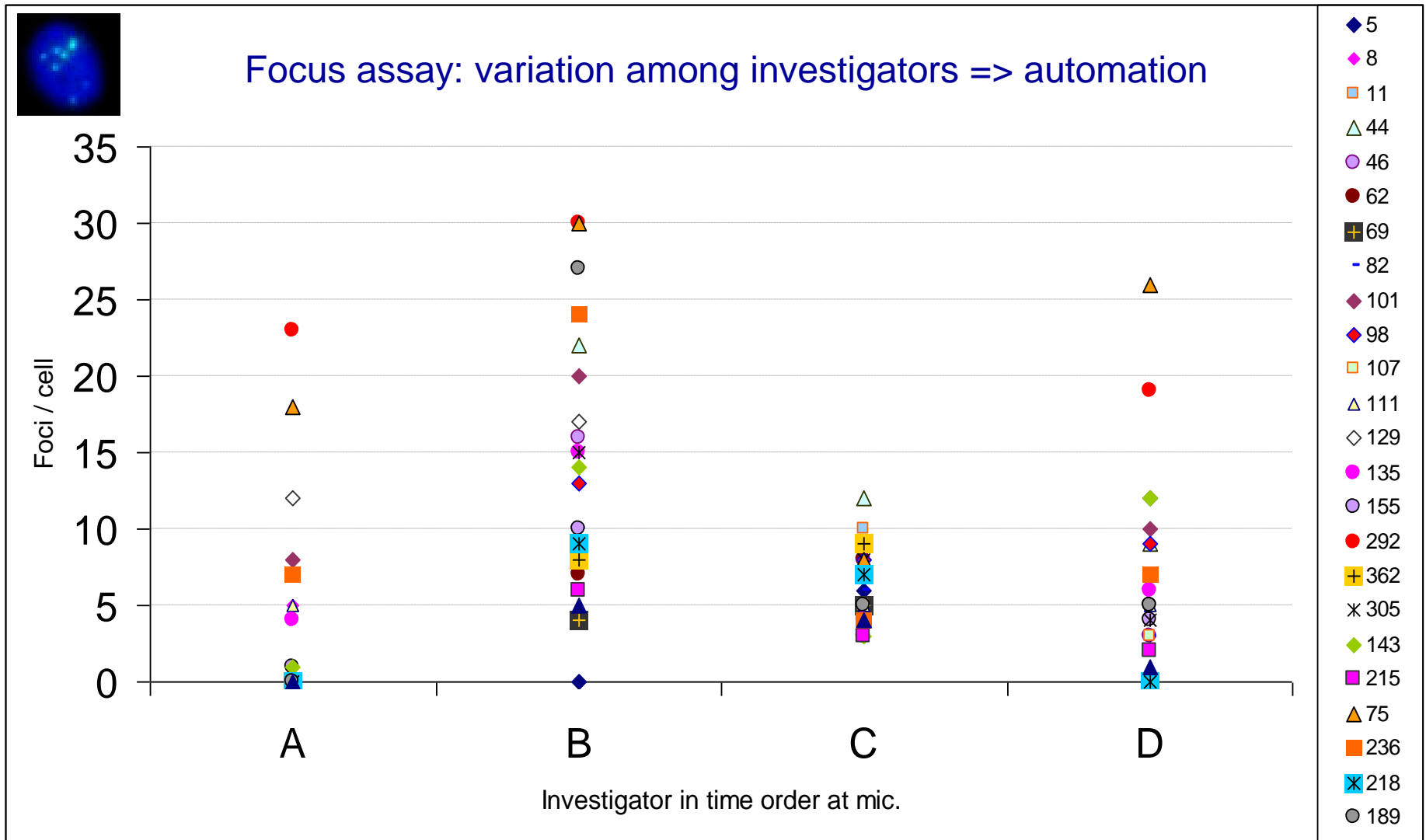


% focus-free cells
av. focus # in +cells

The fraction of cells with γ H2AX foci 24h after IR correlates with clonogenic survival



Variability in manual analysis



Analysis / semi-automated image capture and processing



- **motorized mic**
- **motorized slide table**
- **e.g., MetaSystems fluor. imaging sys.**

Computer aided focus analysis

- **Extended focus image**

Metafer 4 | MetaCyte V.3.3.114

Mode File Slide Cells Scoring Training MetaCyte Configure Stage Filters Tools Help

16.02.2007 07:50:13

0,5Gy_8h 497 485 0 12 0

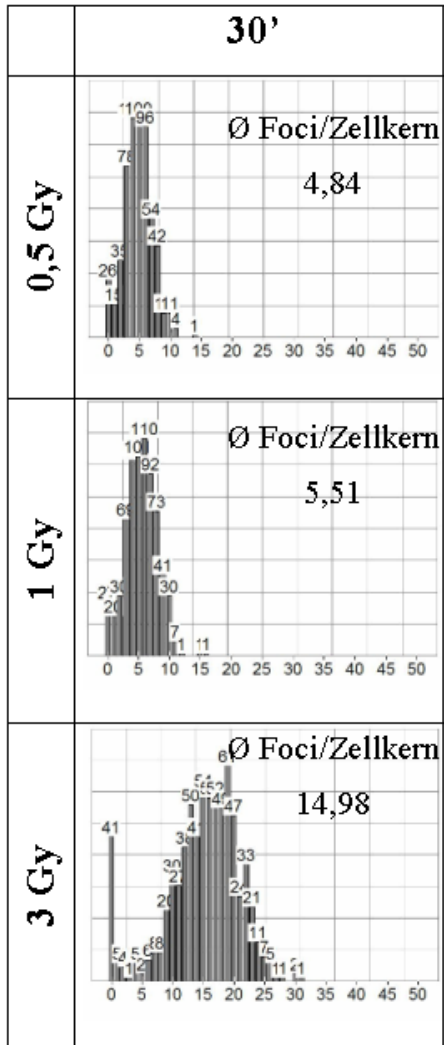
PaFOCI_LZ-G-63_bis_1Gy	Magnif. :	63.0
	Fields :	19
	s / Field :	3.8
	Total Time :	1:12

Setup
Search
Gallery
Relocate
Isis
Exit

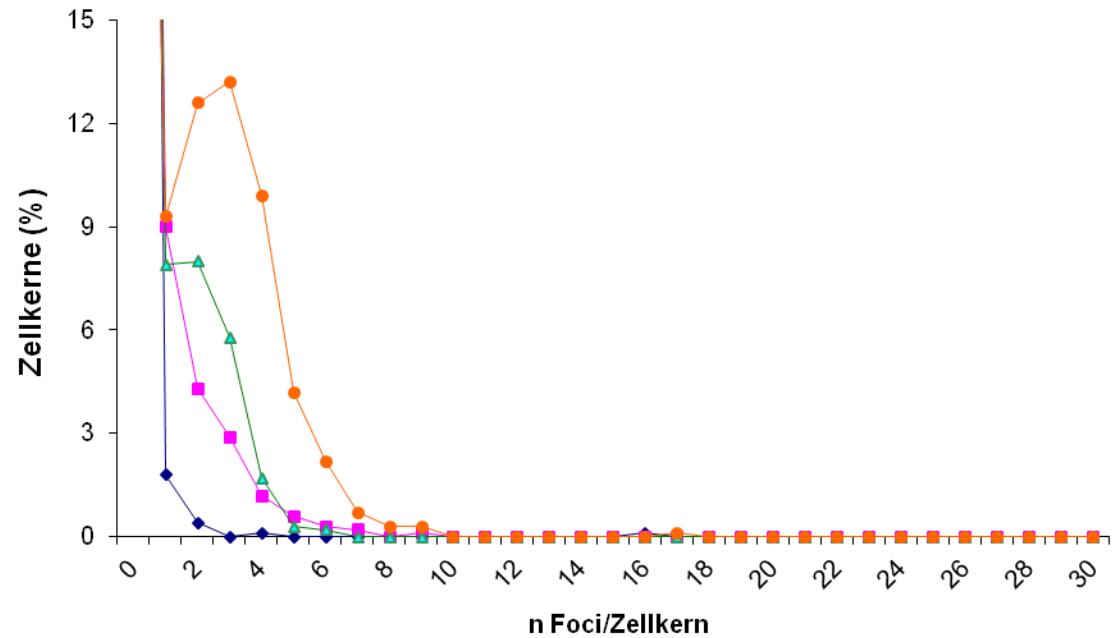
- **Single cell analysis**
- **Data output**

Automated scanning & image analysis – not so variable?

Dosisbereich 0,5 bis 3 Gy:

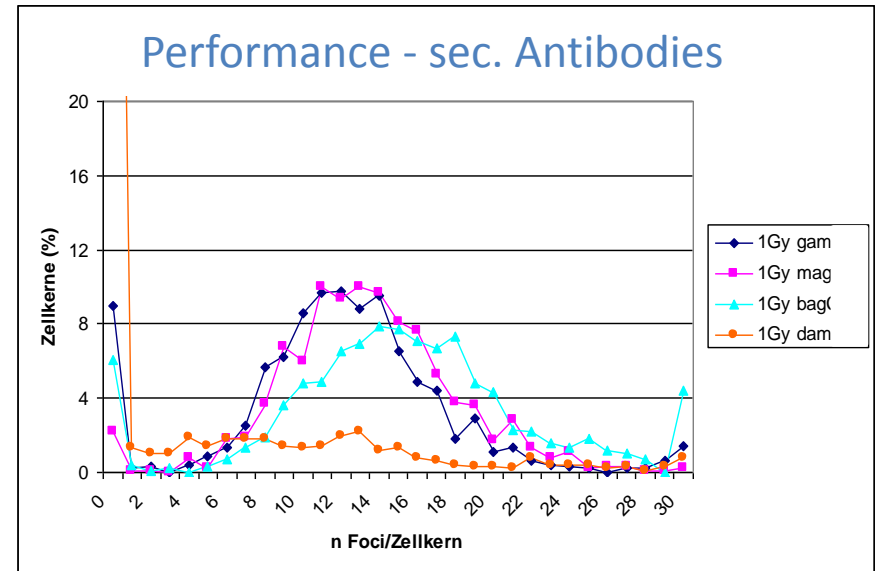
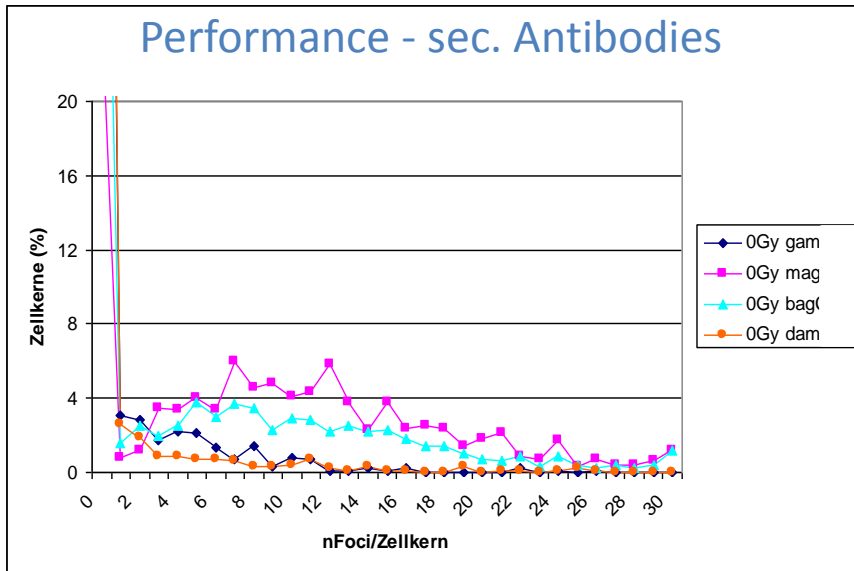


Dose response LL X irrad.



Reagent-induced variation

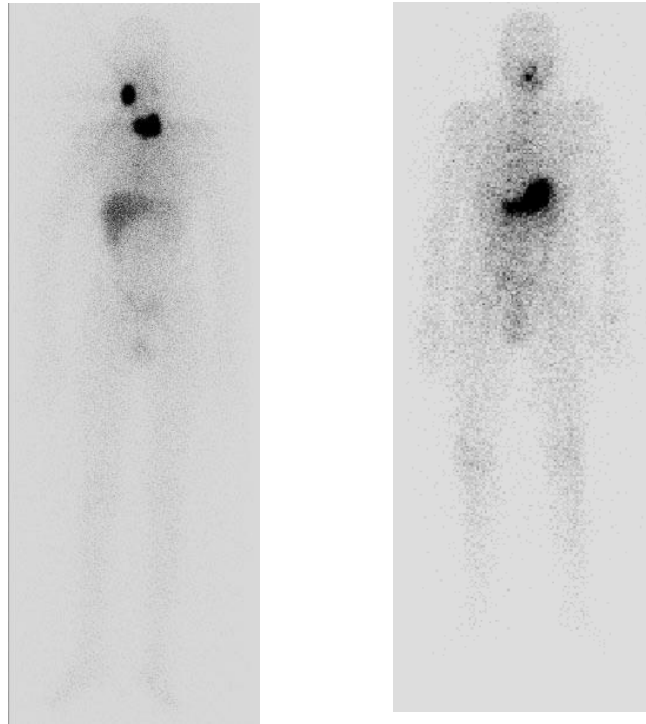
different secondary Abs → variation



Consequence: standardize your staining protocol,
run positive & negative controls

In vivo: repair focus formation in PBL after thyroid cancer therapy with I-131

- M. Lassmann, Clinic of Nuclear Medicine, Univ. of Würzburg, GER



DTC: Lymph node & thyroid rest treatment by ablation w 3,7 GBq I-131

DTC treatment scheme

differentiated thyroid tumor

OP

T4 withdrawal or
rhTSH 3 – 4 wk

**I-131 Ablation
(3,7 GBq)**

Tumor stage: pT1, pT2, pN0, cN0

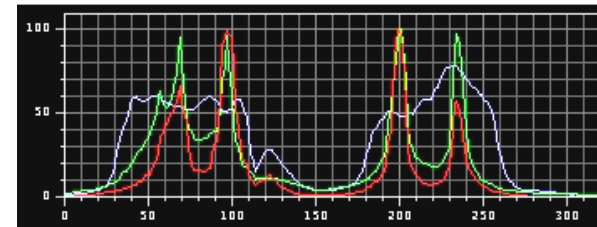
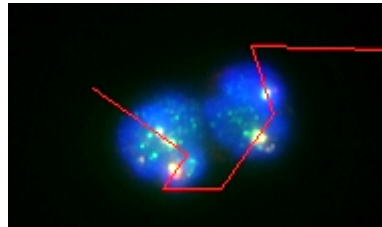
Low-risk

pT3, pT4, N1, M1
(TNM 6. Aufl.)

High-risk

Physical dosimetry

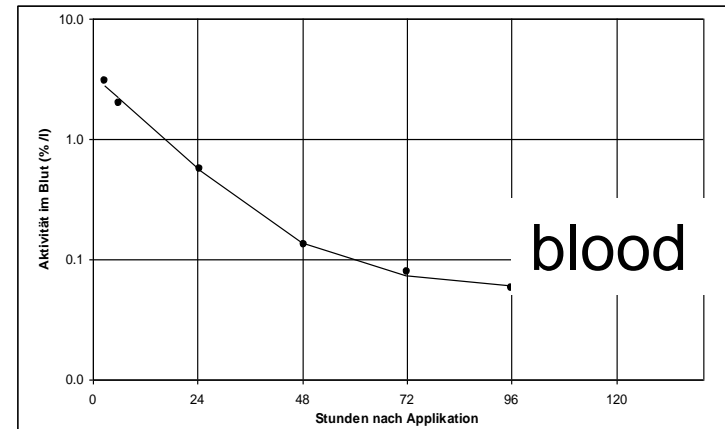
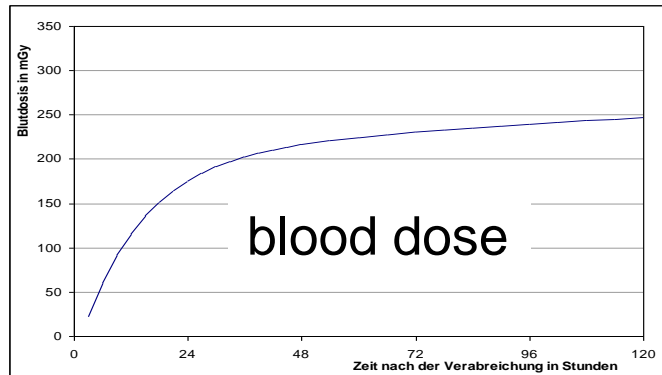
Repair foci estimation



Dosimetry - absorbed dose to the blood

Mean specific absorbed dose to the blood: 0.105 ± 0.067 Gy/GBq (25 Pat.)

Mean **absorbed dose to the blood**: **0.39 ± 0.40 Gy**, range 0.2 – 2 Gy

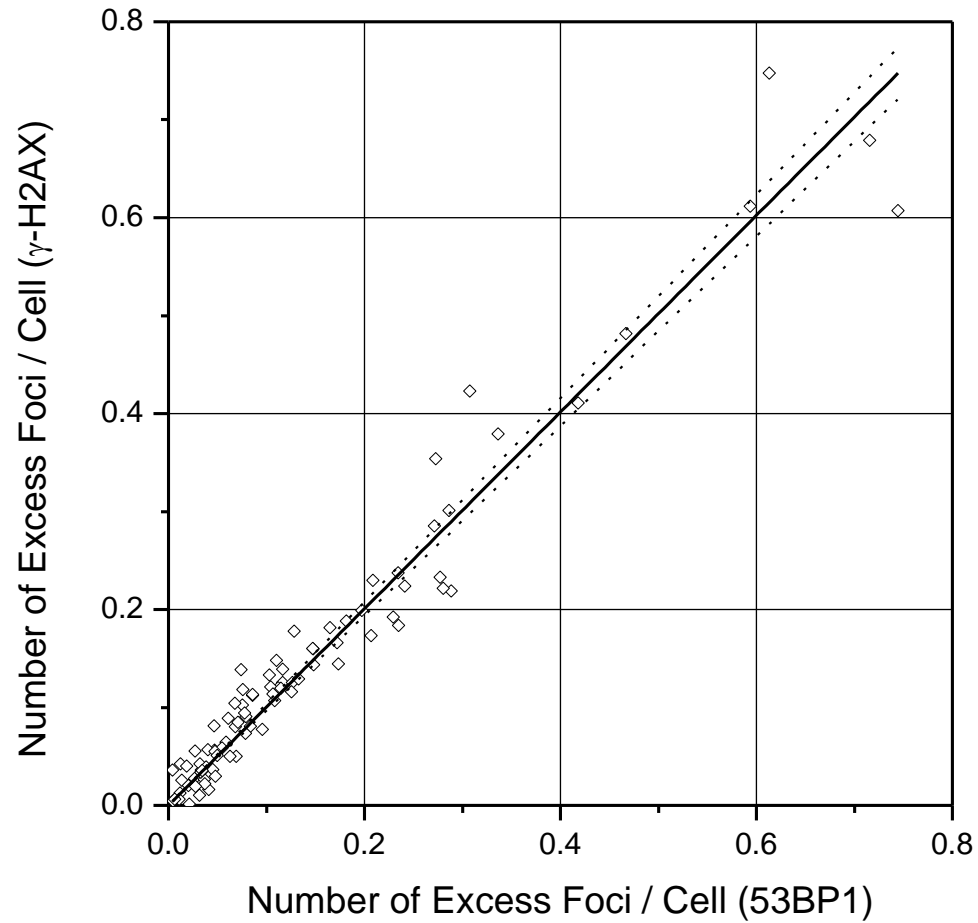
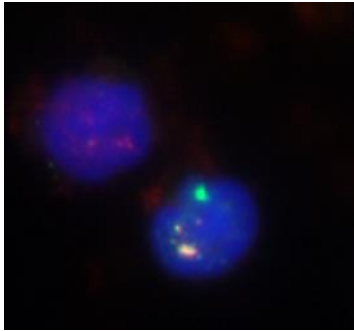


Mean **Dose Rate**:

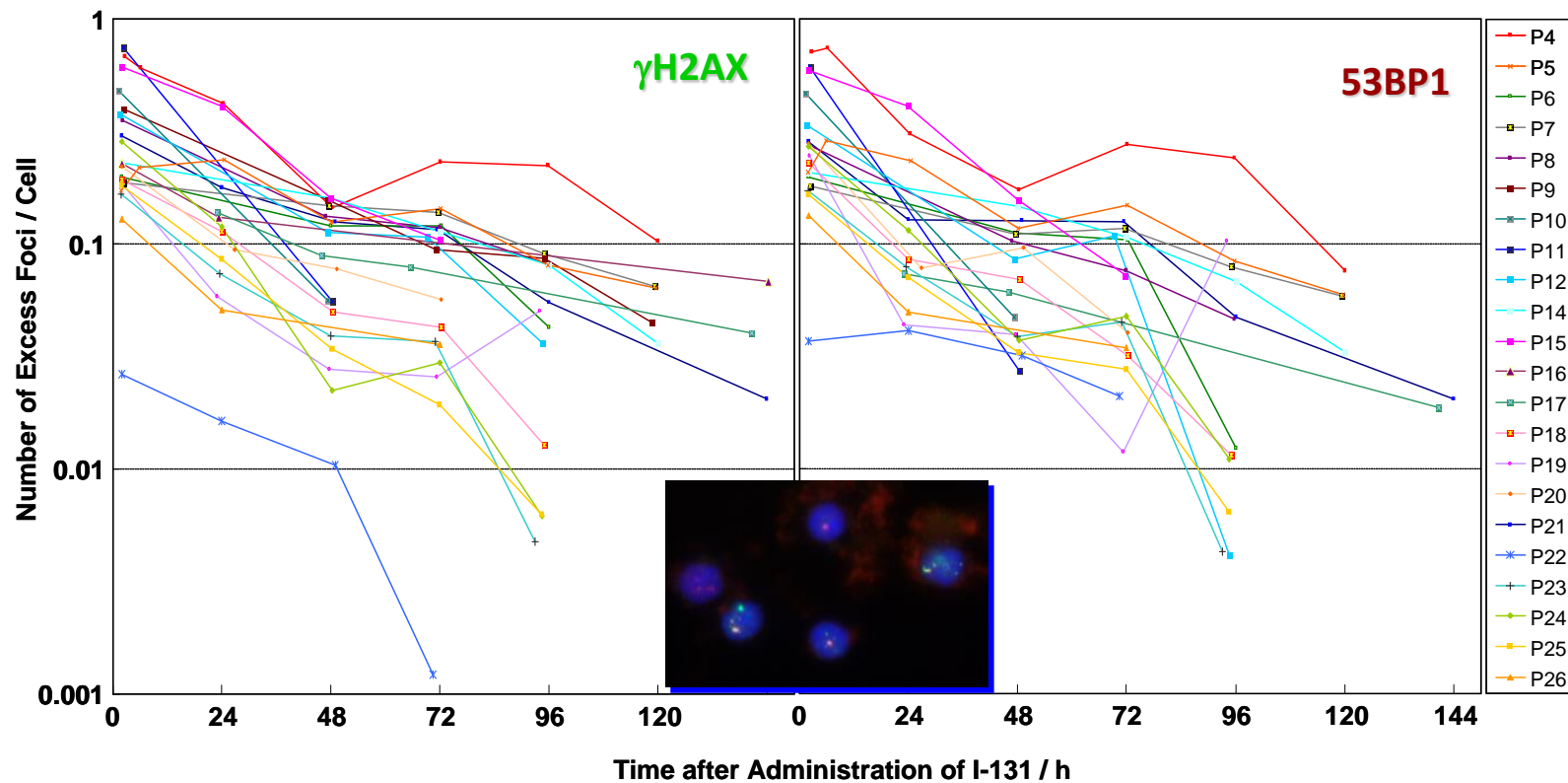
- @ 2h 15.4 ± 3.2 mGy/h
- @ 24h 3.4 ± 0.9 mGy/h
- @ 48h 1.1 ± 0.4 mGy/h
- @ 72h 0.8 ± 0.3 mGy/h
- @ ≥ 96 h < 0.5 mGy/h

whole body activity
(% appl. act.)

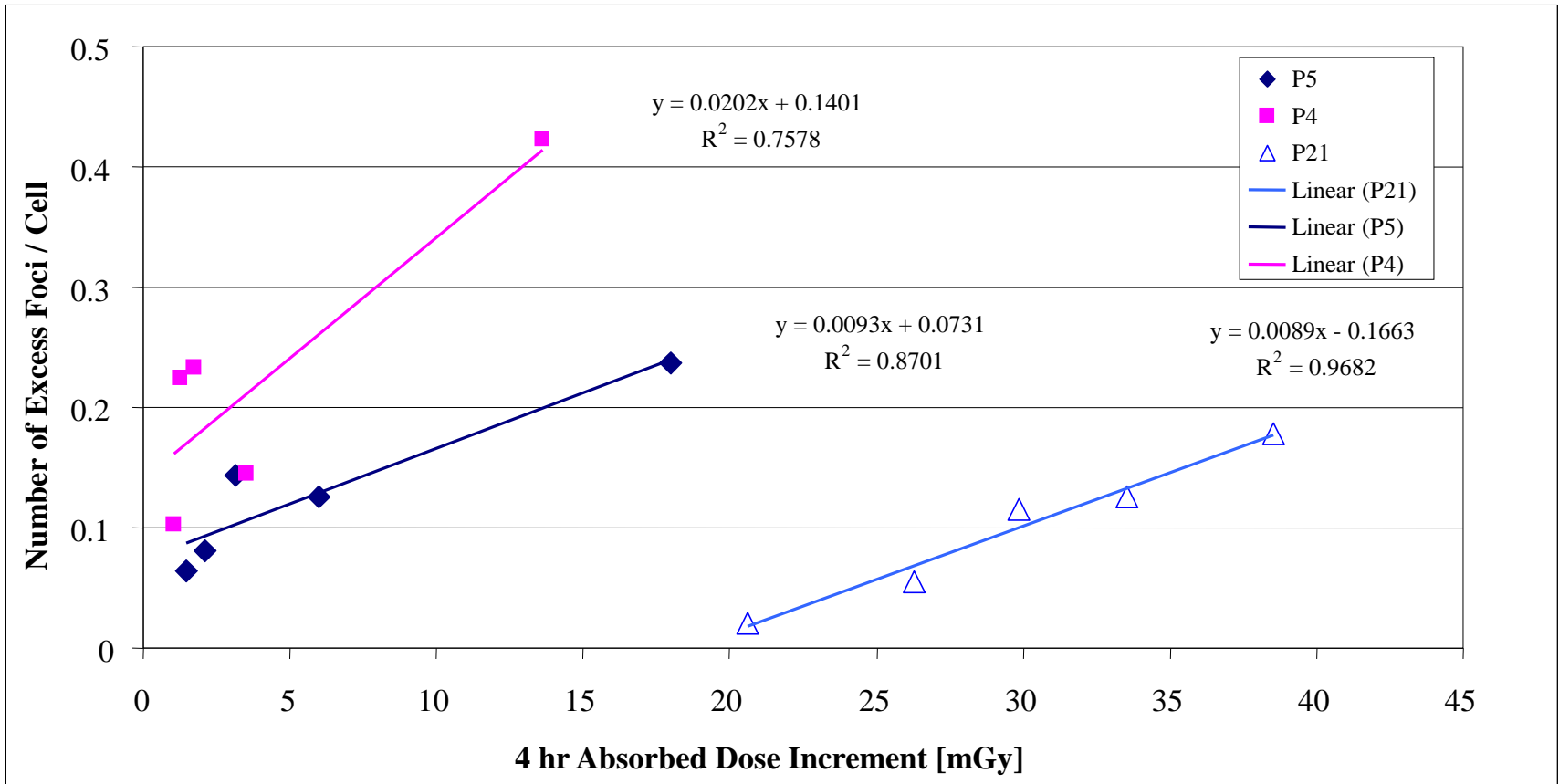
Good correlation of γ H2AX & 53BP1 repair foci



Focus analysis among DTC patients treated with ~ 3.5 GBq I-131: high inter-individual variability

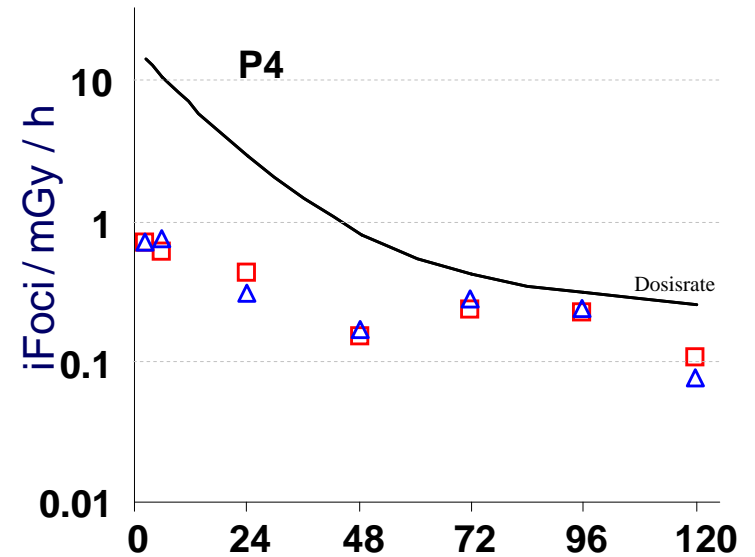
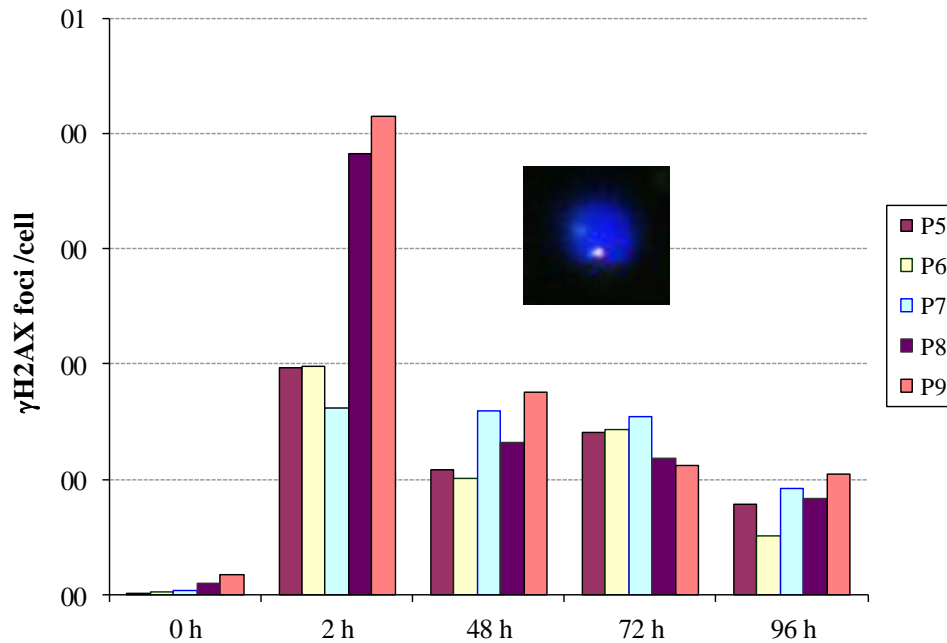


Correlation foci / physical dosimetry



RIT: increased foci numbers at low dose rate

γ H2AX Foci post RIT (~3,7MBq ¹³¹I)

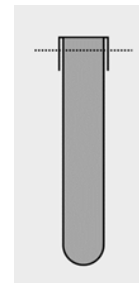
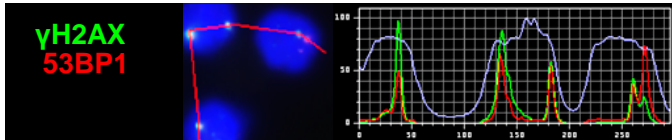


Induced foci relative to absorbed dose rate increases with decreasing dose rate



Calibration of the Focus assay for radionuclide incorporation

- Monte Carlo simulation of decay and dose built up according to the volume & geometry of the vials to realize doses to the blood (0-95mGy)
- ▶ 3 healthy individuals; 7 experiments: with I-131 (4) and with Lu-177 (2+1)
- ▶ Activity in I-131/Lu-177 aliquot measured by germanium detector
- ▶ Blood samples (3,5ml) partitioned to different tubes + 1ml NaCl diluted radioactive solution
- ▶ Incubation for 1h at 37°C under mixing
- ▶ Sample preparation as published (Lassmann et al. 2010, NucMed)
- ▶ Mic analysis of γ H2AX+53BP1 FPC

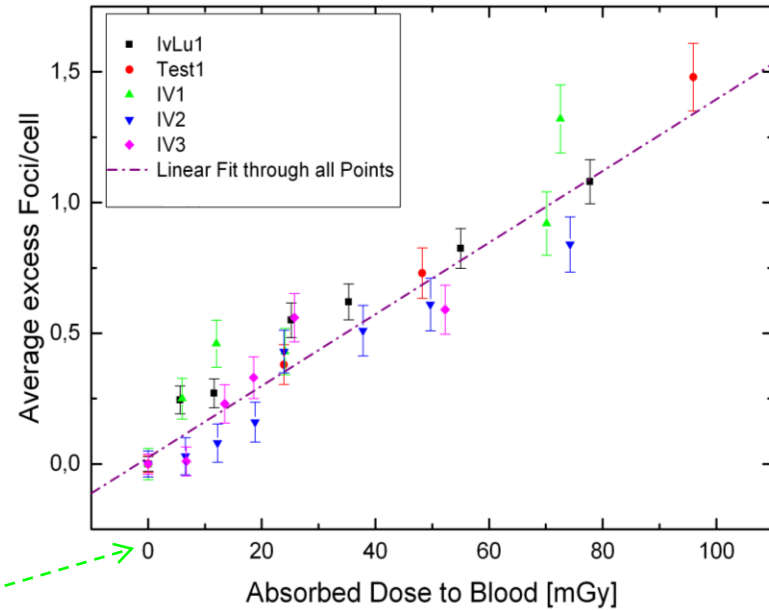
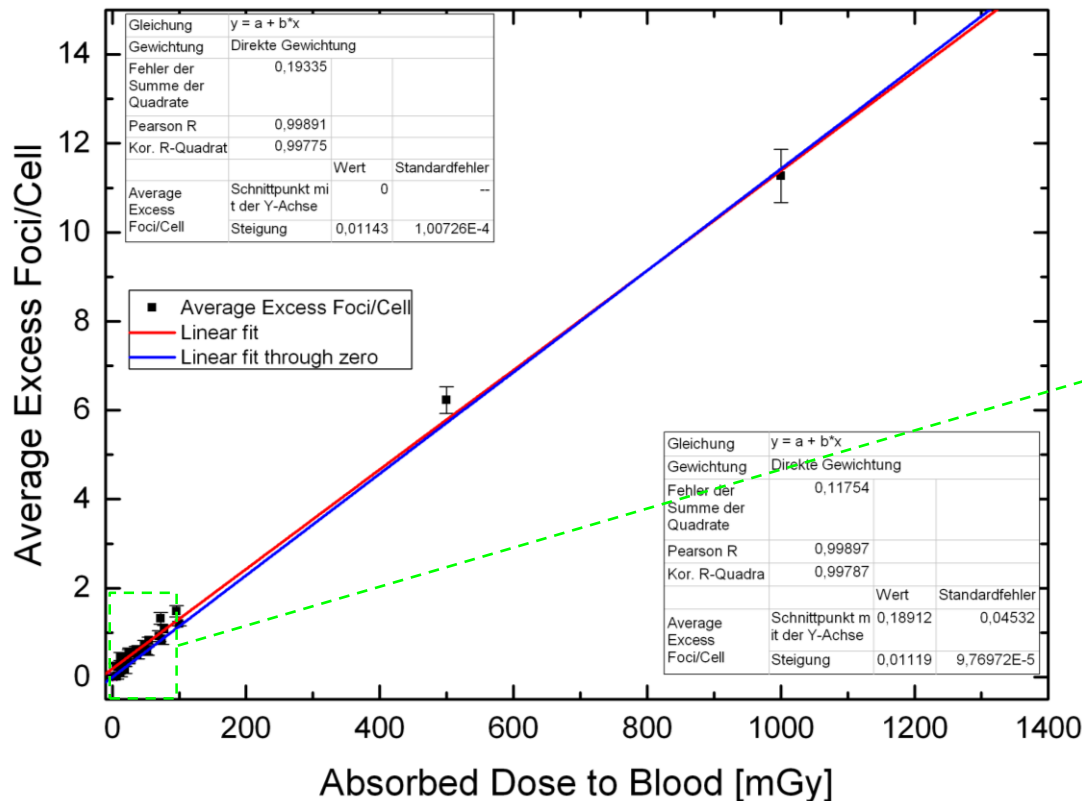




In vitro calibration of fpc yield and absorbed dose to the blood after in solution exposure to ^{177}Lu und ^{131}I radionuclides

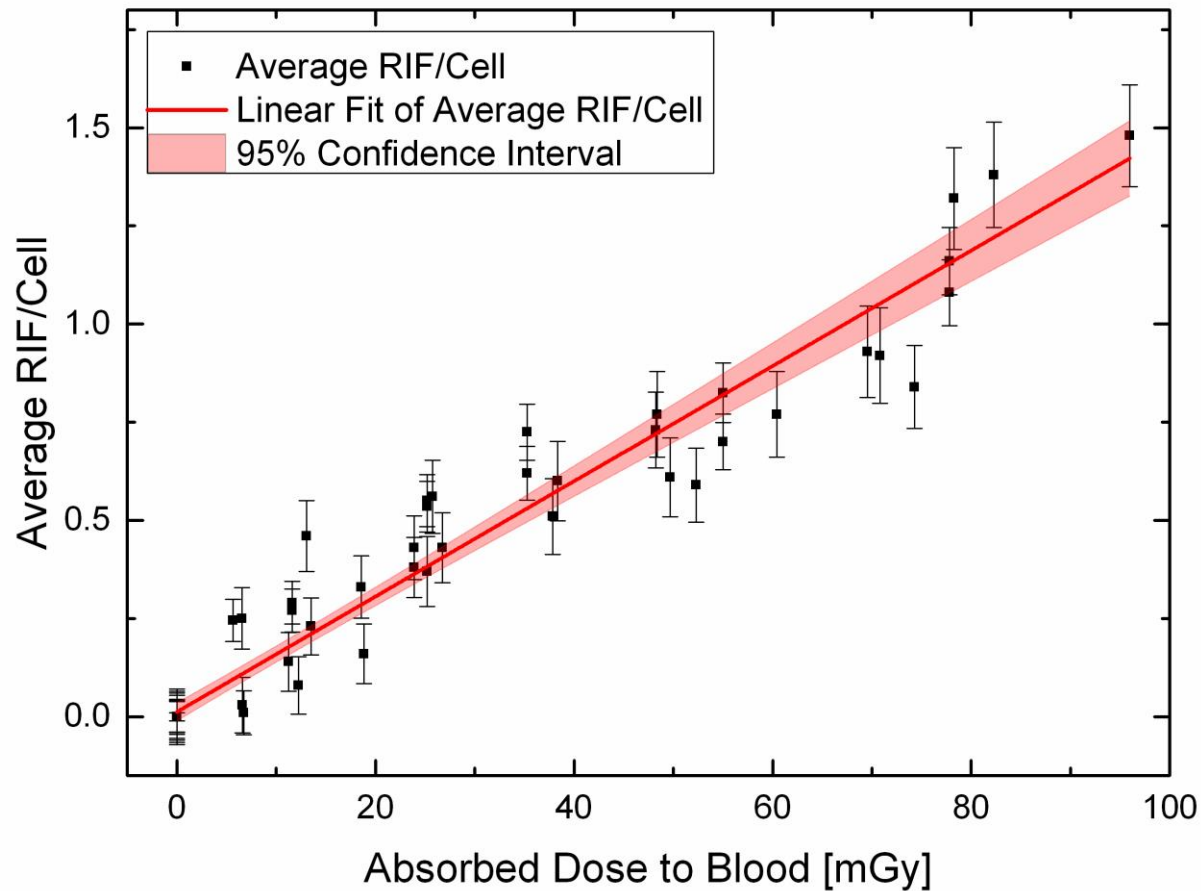
(Cooperation w M. Lassmann, Nuclear Medicine WÜ University, DE)

Fit inklusive Punkte aus externer Bestrahlung (100mGy-1Gy)



- RIF (radiation induced foci): γ -H2AX-foci colocalized w 53BP1 (manual count w DBP-filter)
- No nuclide and test person specific behaviour

FPC calibration curve of 1h ^{131}I , ^{177}Lu radionuclide-treated PBL samples



$$y=0.012 \cdot \text{RIF/cell} + 0.015 \cdot \text{RIF/cell} \cdot \text{mGy}^{-1} \cdot x$$

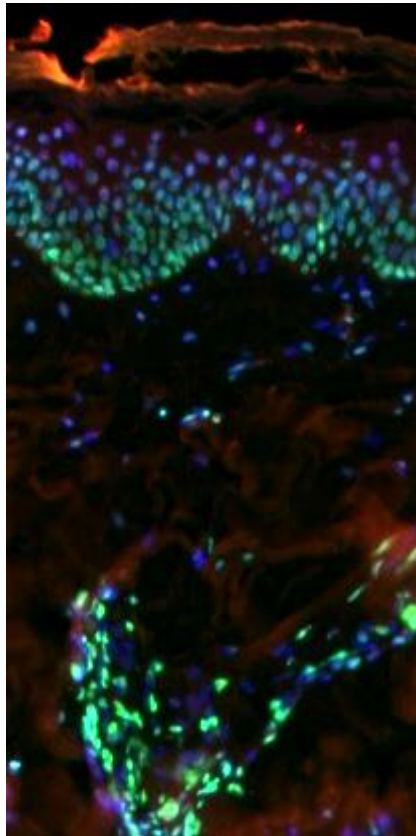
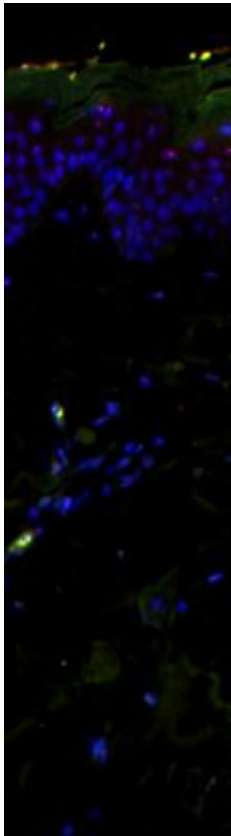
Partial body, acute high dose γ -irradiation: Focus yield in skin & blood cells

Pig-skin

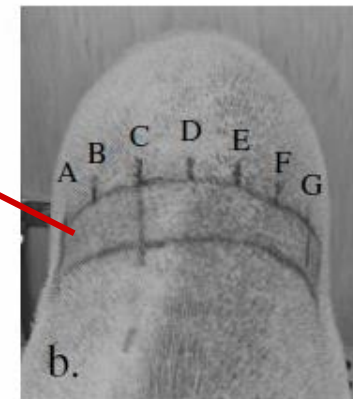
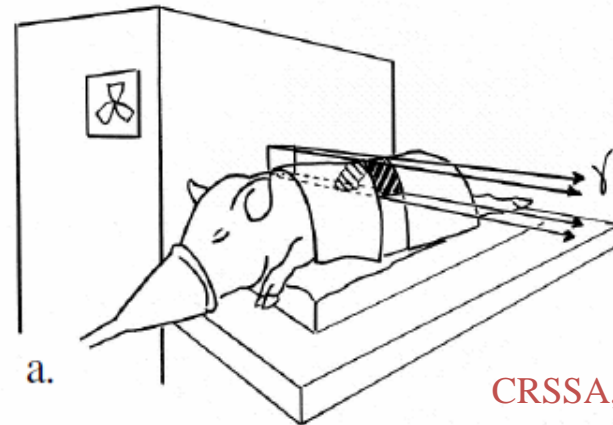
Pig model

non-IR

4h post 50Gy

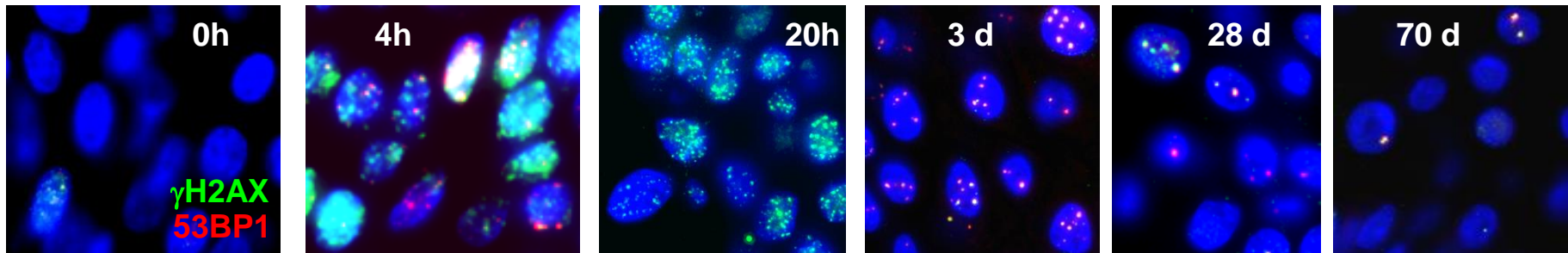
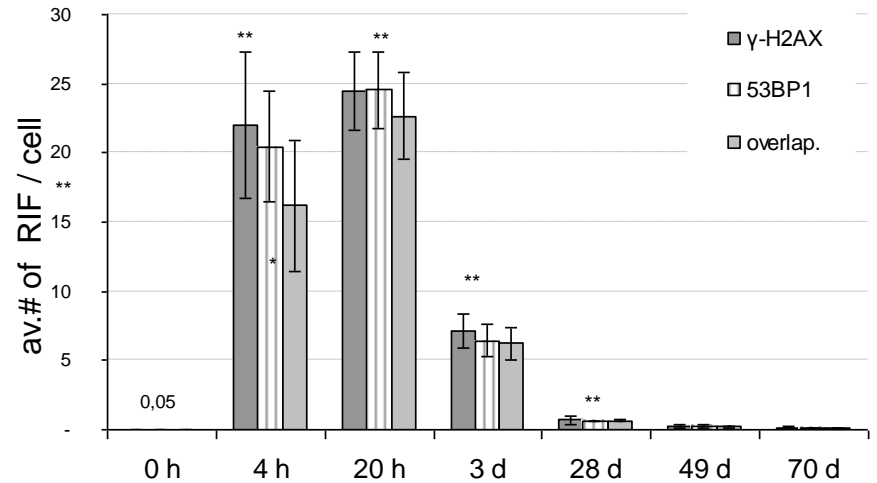
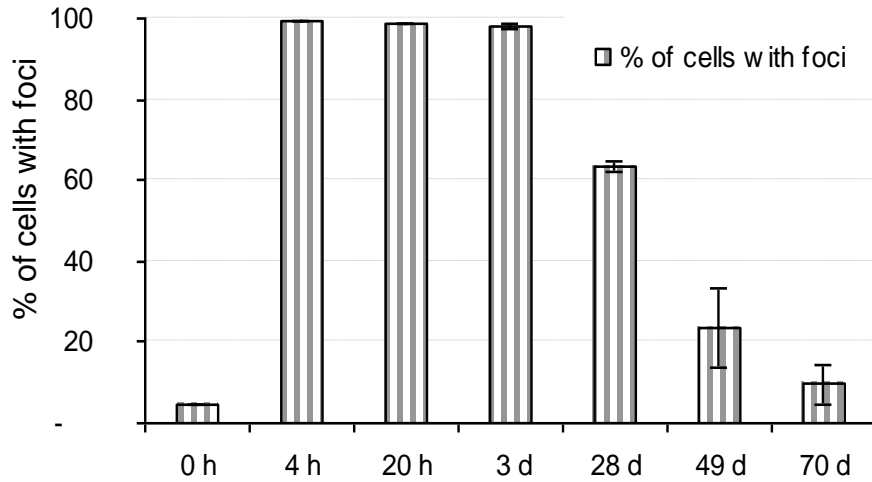
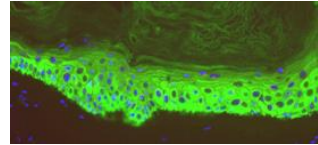


InstRadBioBw



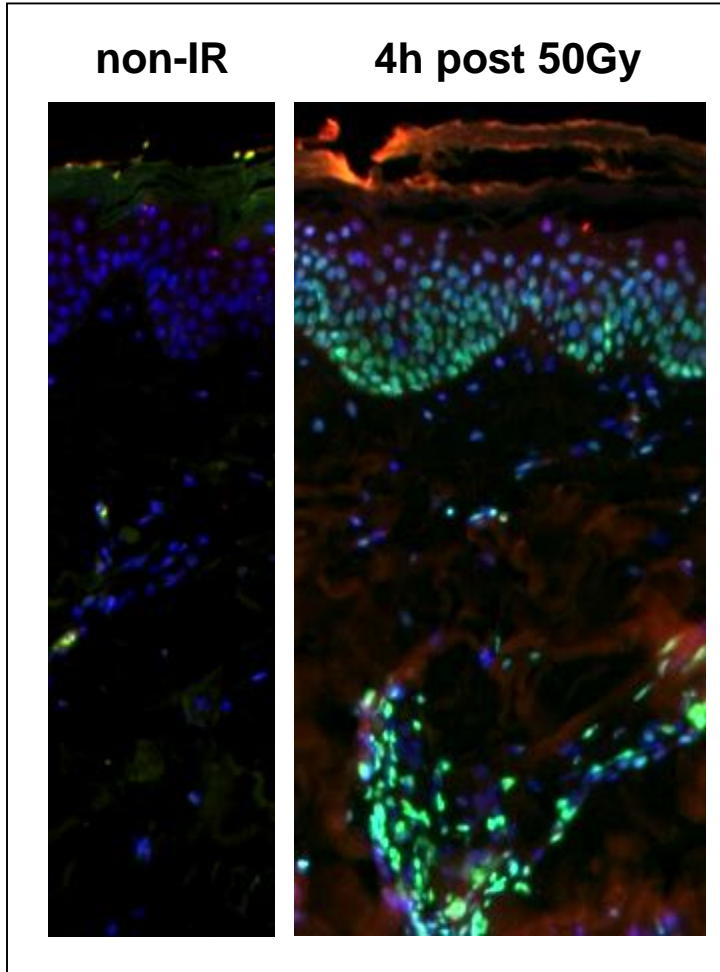
CRSSA, F

High dose rate IR - 50Gy γ -IR doesn't saturate the DDR

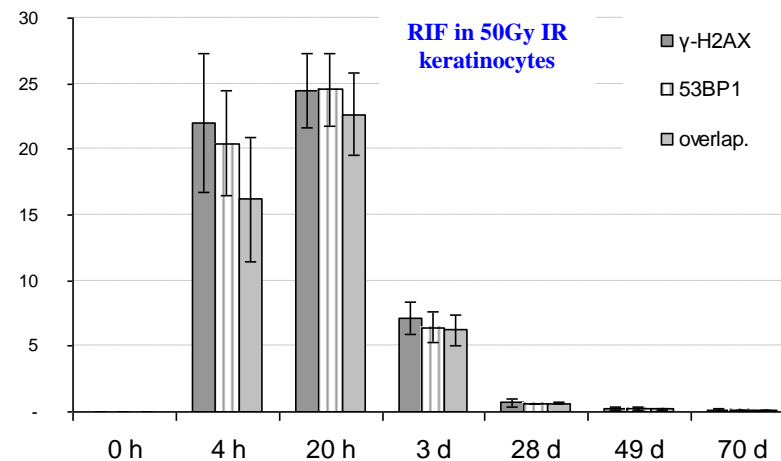
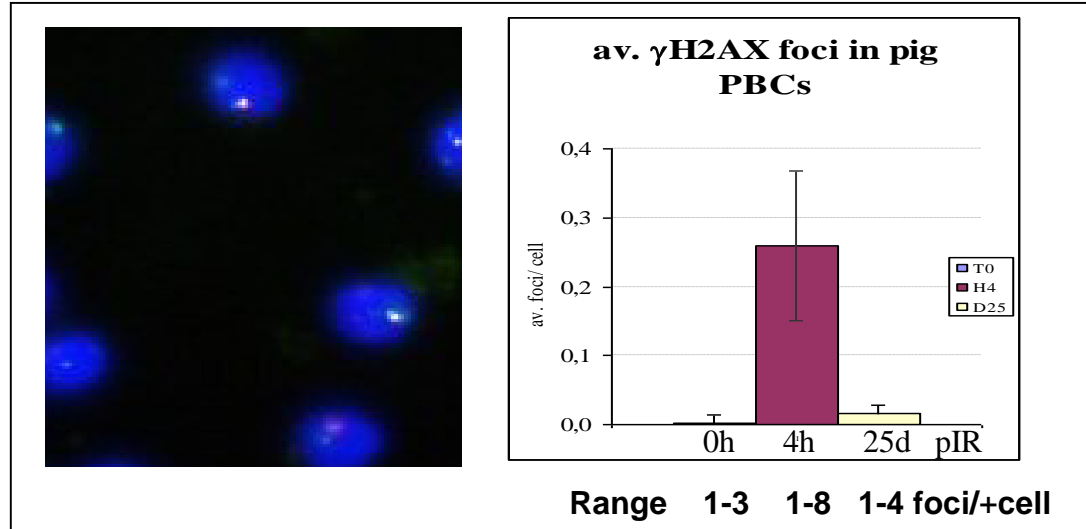


No correlation of foci # in skin & blood after 50 Gy partial body γ -irradiation

Pig-skin

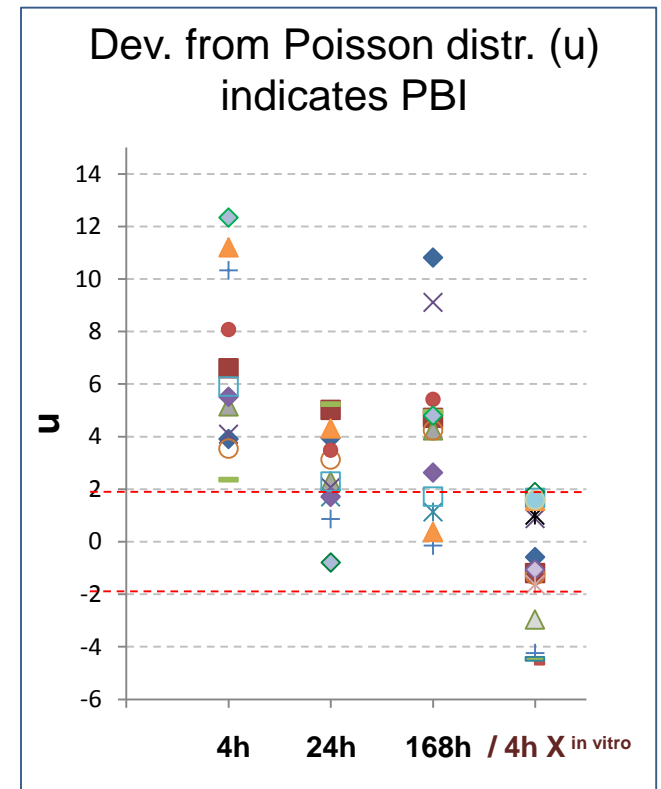
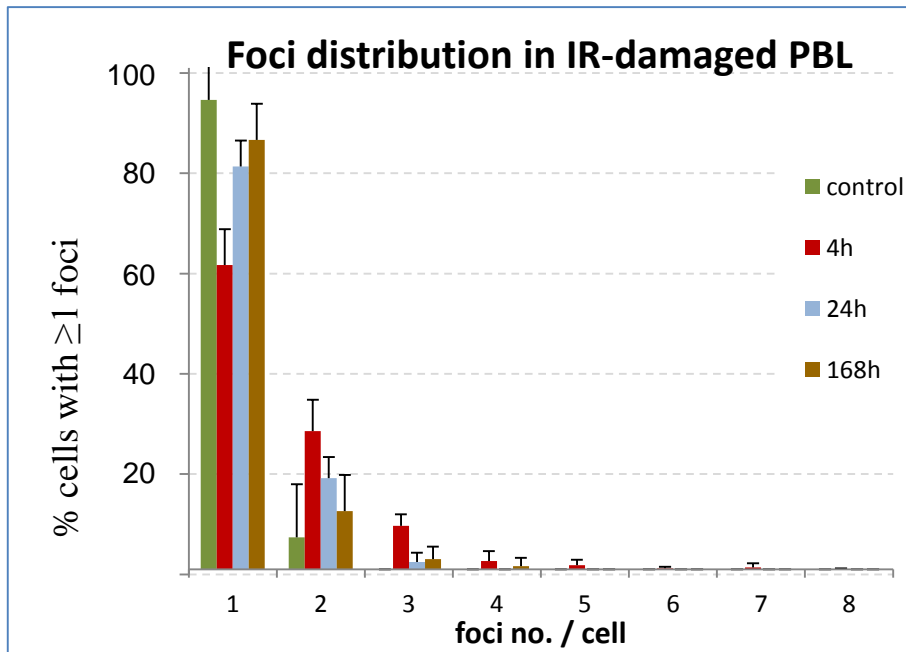


PB Leukocytes

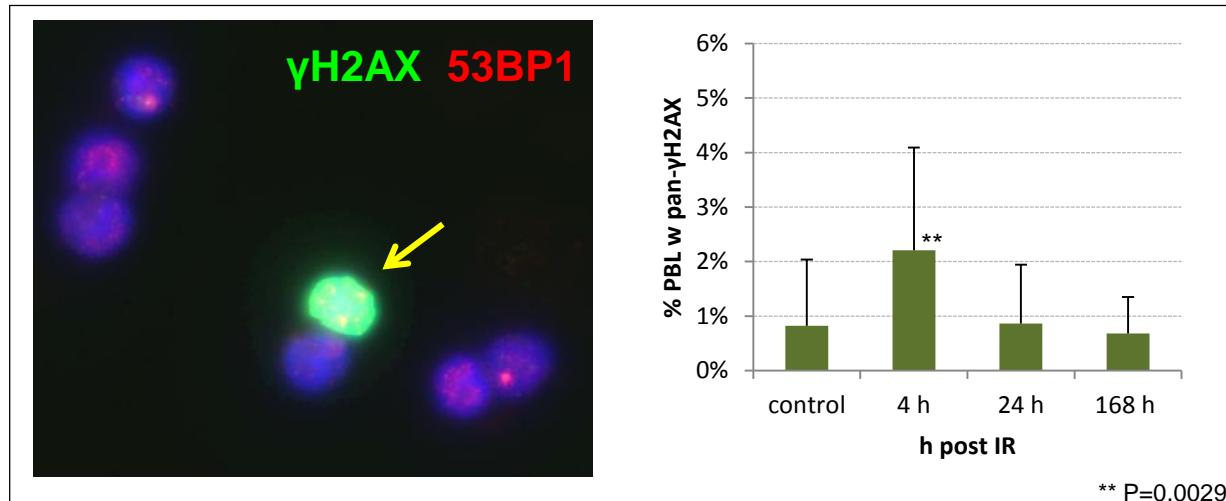




High dose rate partial body γ -IR doesn't saturate the DDR



High dose & dose rate partial body γ -IR: Appearance of pan- γ H2AX nuclei indicates PBI early after the exposure



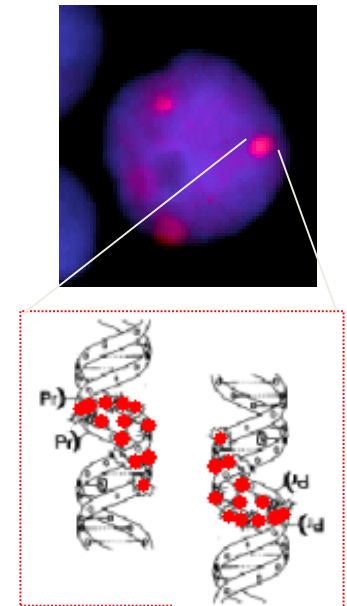
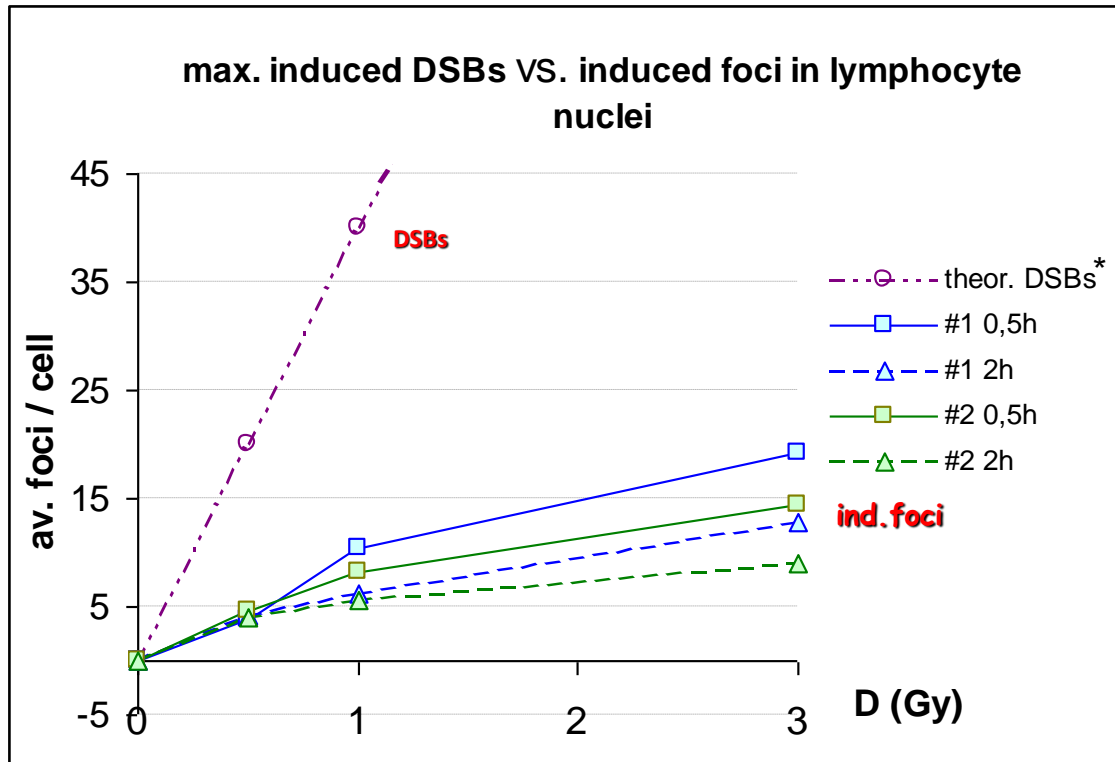


Question

How many breaks/foci?

Error prone repair in foci
@ high doses?

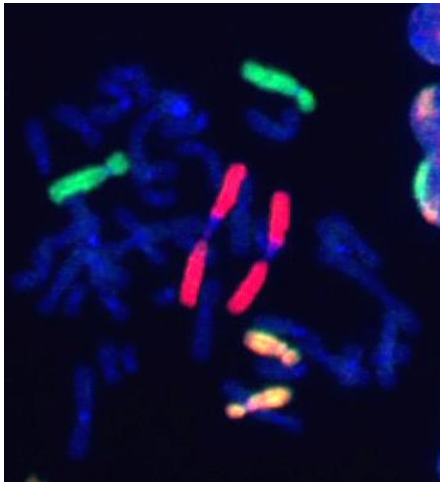
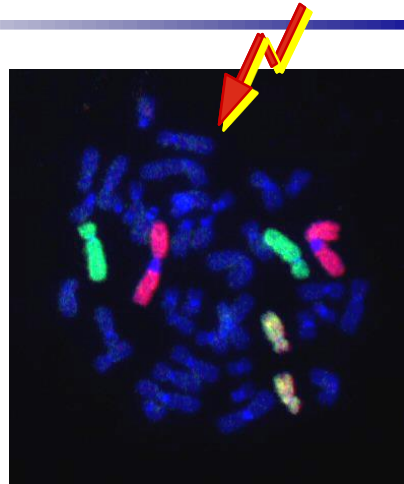
High doses of IR induce more DSBs than Foci



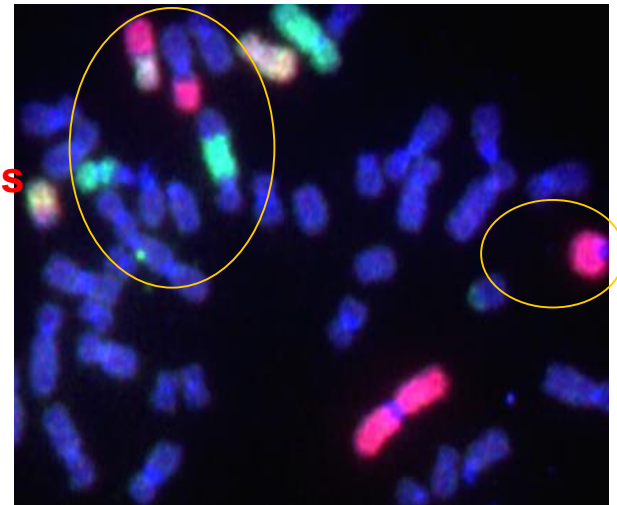
Growing # of DSBs / Repair Foci with \nearrow Dose
 \Rightarrow **probability of misrepair \nearrow**

*Ward 1991
 Scherthan et al. 2008

IR w high doses /dose rates



Repair
correct

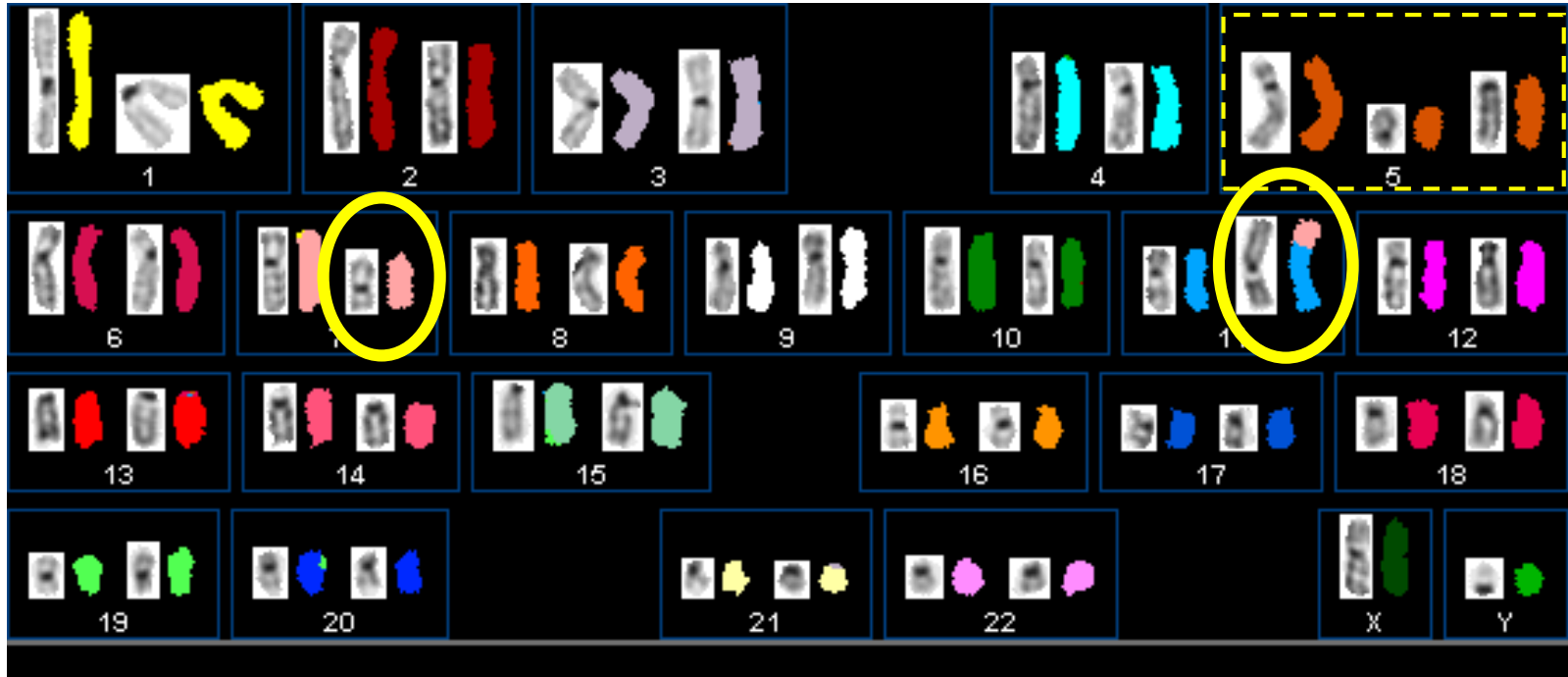


erroneous

of Chromosome aberrations

⇒ Measure for misrepair

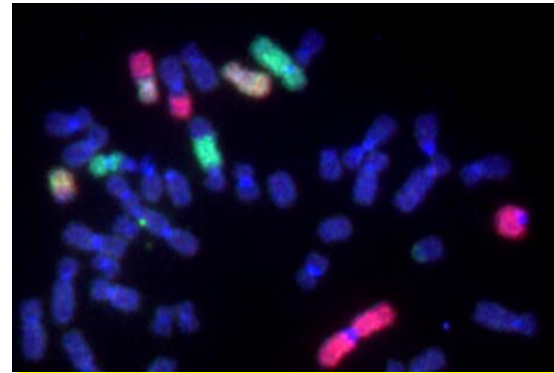
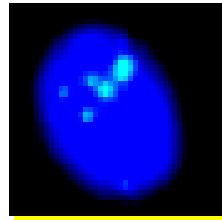
mFISH analysis: translocation yield in lymphocytes



24 human chromosomes in different colors \Rightarrow translocations rates
as a measure of misrepair

Minimal Number of (misrepaired) Breaks (MNB) for this cell: 3

High doses of X irradiation cause accumulation of DSBs in repair foci \Rightarrow increased translocation yield (misrepair)



Dose (Gy)	Foci # 0,5 h post IR	2 h	MNB / induced focus ^a	maxim. break # / focus
0.5	4.15 \pm 0.4	4.07 \pm 0.4	0.072	4,8
1	9.31 \pm 1.1	5.84 \pm 1.1	0.070	4,3
3	16.8 \pm 2.3	10.8 \pm 1.9	0.26	7,1

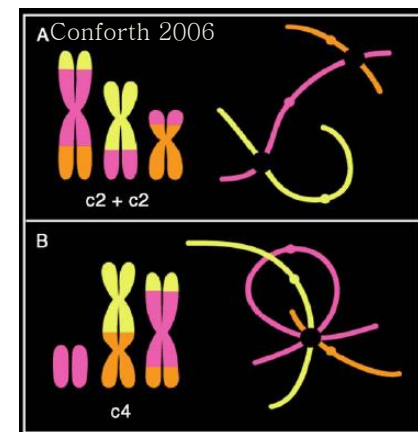
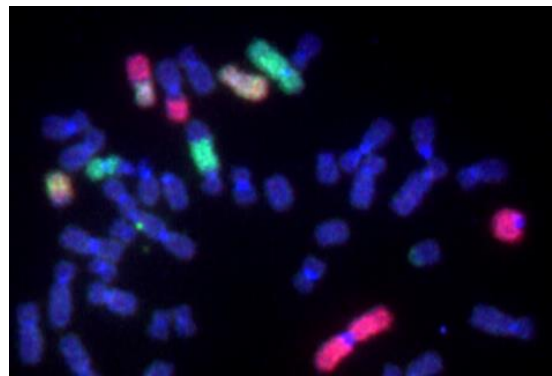
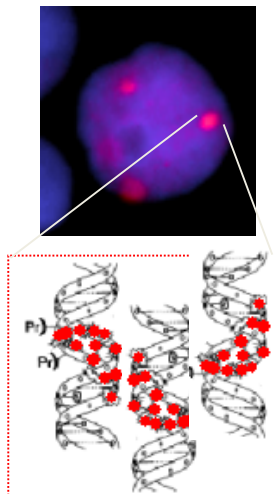
(\pm): standard error of the mean. ^a based on the 30 min value; MNB from Sky data.

Conclusions

DNA Repair occurs in foci ("factories")

- Not always a linear dose relationship
 - high inter-individual variation
- DSB No. / focus increases with dose

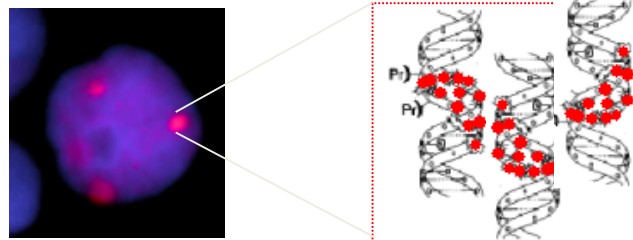
⇒ source of mutation and complex exchanges.
Low dose effects



Conclusions

➤ DSB Repair (γ H2AX) Foci

- High sensitivity
- Good indicator of WB exposure, dose reconstruction difficult
- High inter-individual variability. Rapid decline
- Residual damage (>24h) can correlate with radiation sensitivity. In skin indicates IR for weeks
- Problematic for dose reconstruction after partial body exposure



People involved

Inst. für Radiobiologie Bw

Harry Scherthan

Gerrit Schrock

Michael Peper

Emad A. Ahmed

- *Helmholtz Zentrum München (mFISH)*

Ludwig Hieber, Herbert Braselmann,
Horst Zitzelsberger

- *Nuclear Medicine Univ. Würzburg*

Michael Laßmann

Uta Eberlein

IRBA, Bretigny sur Orge, F (minipigs)

Michel Drouet

Fabien Forcheron

Thank you



"... and stay away from scientists - they
cause cancer"